



## What is CoPE?

The Certificate of Personal Effectiveness (CoPE) is a nationally recognised qualification available at Levels 1, 2 and 3. The qualification offers imaginative ways of accrediting young people’s activities and introduces them to new challenges.

Your student will work through a student book that comprises of **13 modules**.

The modules are divided into three sections; A, B and C. Each section is made up of varying activities, called challenges, and should take at least **10 hours** to complete – **10 hours is worth one credit**.

Students will need **12 credits** (120 hours of activities) to gain the Certificate of Personal Effectiveness.



Students will develop and be assessed on six key skills, while carrying out the challenges:

- Working with others
- Improving their own learning and performance
- Problem solving
- Research
- Discussion
- Oral presentation

Students choose modules based on their interests. The module titles are:

**Communication; Citizenship and community; Sport and leisure; Independent living; The environment; Vocational preparation; Health and fitness; Work-related learning and enterprise; Science and technology; International links; Expressive arts; Beliefs and values; Combined studies.**

Along with their completed challenges, students will produce a portfolio of evidence to demonstrate their achievements. The portfolio might include reports, photographs, witness statements or podcasts.

The portfolio has proven to be something students are particularly proud of. Students can use their portfolio to present their work and its journey to prospective employers or further education institutions.

## What are the benefits?

CoPE enables students to:

- develop and demonstrate a range of personal, key and employability skills
- broaden their experience
- manage their learning in a variety of real-life contexts

The qualification is practical, engaging and

flexible. The content of the course can be personalised, therefore the student has control of their own learning. There is no need to support your student with revision as there are **no exams**.

Students who achieve **CoPE level 3** will further benefit from earning **16 UCAS points**.

## Who is ASDAN?

ASDAN is an awarding organisation whose curriculum programmes and qualifications help young people develop knowledge and skills for learning, work and life.

Our programmes and qualifications are delivered by over 3,000 secondary schools, special schools, colleges, alternative education providers and youth organisations across the UK and in more than 30 countries and territories overseas.



Our vision is to transform life chances through learning.

ASDAN courses and programmes aim to:

- enhance self-belief and resilience
- engage and motivate young people
- strengthen and celebrate learners' academic and vocational education
- inspire creativity and ambition to make full use of students' talents
- prepare learners with knowledge and skills for the workplace



## Francesca's story



"I realised the learning from CoPE would be great for my future. I knew I wanted to go into business and CoPE could help me develop skills that are essential for the workplace – working in a team, and being independent, organised, and having the ability to solve problems.

"Academic subjects are of course vital but what drew me to CoPE was how I would gain real workplace skills that would benefit me in work and life generally. I was a shy learner at GCSE and CoPE boosted my confidence and self-belief."

## What are tutors saying about CoPE?

**"I have never had a student who did not want to come to their CoPE class. The choice they have about their learning engages and motivates them"**

Alison McCulloch, Assistant Principal at Hockerill, an Ofsted-rated outstanding school in Bishop's Stortford, Hertfordshire

**"We see CoPE as complementing academic learning. There is whole-school understanding of the importance of practical skills sitting alongside academic achievements"**

Joanne Sutterby, Head of Citizenship and PSHE at Kirby Stephen Grammar School, Cumbria