



Towards Independence

E-safety

Name:

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This module has been developed as the result of collaborative work between ASDAN and practitioners delivering the Towards Independence programme. Our thanks go to all those who contributed to the development of these materials.

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Welcome

You are starting a module called

E-safety

In doing the activities in this module you will be asked to:

- say
- show
- choose
- make things

You can say things by talking or signing, or by using any other means to let someone know what you want to say.

You can choose and show things by using:

- pictures
- digital recording
- other means
- photographs
- computer

or by telling someone else so they can write or do it for you. All the way through you can have as much help as you need.

As you complete each activity, you or your tutor can tick the box shown alongside the activity and the corresponding box on the **Record of Activities** page.

When you have finished the module, remember to complete the **Module Review** and **Next Steps** at the end of the book.

Record Boxes

At the end of each section you will find a page of record boxes:

This box can be used by your tutor to write an extra activity for you to do. This might ask you to practise some of the skills you have already shown, or it might ask you to do an extension activity.

This box can be used in any way to show your achievements throughout the section. It might also show what you need to work on next.

This box can be used to record your achievement by allocating a P level or other descriptor and subject area.

This box shows skills you have used well. These might be Basic Skills, Key Skills or other important life skills.

This box shows what sort of help you had.

This box shows where the work is kept in your ring binder (or other place).

The diagram shows a record box form with the following fields and sections:

- Activity: (with an optional field)
- Comments: (with a sub-field for Tutor/Supervisor/Learner and an optional field)
- P level or other centre assessment tool: (with an optional field)
- Subject area:
- Level of support:
- Skills:
- Evidence ref:
- Verified by:
- Date:

Your tutor will sign and date these boxes when all the other boxes have been filled in.

Levels of Support

Ask your tutor to talk to you about these:



NH No Help – you can do things on your own



SH Spoken/Signed Help – you are helped by someone speaking or signing suggestions to you



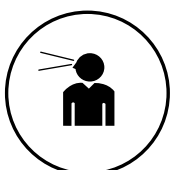
GH Gestural Help – you are helped by someone using hand signals or other gestural prompts



PH Physical Help – you are helped by someone holding you and/or helping you to move



SE Sensory Experience – you are given the opportunity of being involved through a sensory experience, e.g. hearing, touch, sight or taste



ER Experience Recorded – you are provided with an experience of the activity but are unable to take part

Section A:

Keeping personal information safe

- 1 Show who you communicate with online.
For example:
 - Friends
 - Family
 - Centre staff
 - Neighbours
 - Other
- 2 Show that you know what personal information is.
For example:
 - Your name
 - Your date of birth
 - Your address
 - Your passwords
 - Photographs of you
 - Your phone number
 - Other
- 3 Show how you communicate online. For example:
 - Social networking
 - Instant messaging
 - Online forums
 - Gaming
 - Email
 - Other
- 4 Show that you know why it is important to keep personal information safe when you are online.



Section A:

Keeping personal information safe

Activity:

optional

Comments:

Tutor/Supervisor/Learner

optional

P level or other centre assessment tool:

optional

Subject area:

Level of support:

Skills:

Evidence ref:

Verified by:

Date:

Section E: Safer gaming

- 1 Show you know what devices people use for online gaming.

For example:

- Games console
- Laptop
- Mobile phone
- Tablet
- Other

- 2 Show which game you like to play the most.

Show why you like playing this game.

- 3 Make a chart to show how long you spend playing online games over a week.

Show what you think is a sensible amount of time to spend playing games.

- 4 Using game boxes or websites, show you know what the age rating symbols mean.

- 5 Using game boxes or websites, show you know which symbols tell you what sort of content is in a game.

- 6 Show you know who to go to for help if another player makes you feel uncomfortable.



Section E:

Safer gaming

optional

Activity:

optional

Comments:

Tutor/Supervisor/Learner

optional

P level or other centre assessment tool:

Subject area:

Level of support:

Skills:

Evidence ref:

Verified by:

Date:

Section H:

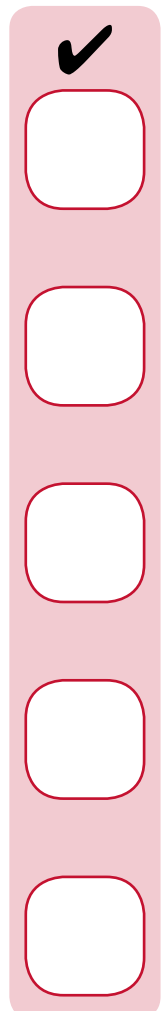
Project

In this section you can choose your own activity.

Here are some ideas:

- Produce a poster or information leaflet about how to stay safe online
- Take part in a community event to raise awareness of online safety
- Invite a visitor to talk to your group about keeping safe online
- Other

- 1 Decide what your project will be.
- 2 Plan your project.
- 3 Make a list of the things you need.
- 4 Do your project.
- 5 Show what went well in your project.



✓

Section H: Project

optional

Activity:

optional

Comments:

Tutor/Supervisor/Learner

optional

P level or other centre assessment tool:

Subject area:

Level of support:

Skills:

Evidence ref:

Verified by:

Date:

Next Steps

My next challenge:

Activities and modules that will help:

Who can help me and when:

Remember to record that you have completed this module and review on the **Record Page** in your **Starting Out** module.

Learner signature:

Tutor/supervisor signature:

Date:

Sample



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