New Horizons

Name:

ASDAN

Sample

Contents

Introduction

New Horizons is made up of five modules:

- **Personal:** This is about you
- **Social:** This is about you and others
- **Health:** This is about you looking after yourself
- **Citizenship:** This is about caring for people and things
- **Relationships:** This is about growing up

Each module is made up of five **sections** and in each section there are activities for you to do.

For some activities there is a **list of examples** to help you decide what to do. You may like to do more than one of the listed example activities. You can decide this with your tutor.

You can also choose to do a different activity, which is shown as '**other**'. It is important that your tutor writes in the space provided to show what you have done.

When you finish an activity you or your tutor can put a tick in the box to show you have completed it.

You may prefer to do the **Parallel activity**. Again, you and your tutor can decide this.

At the end of each module there is a **Personal Skills** activity for you to do. Here you will be asked to show the things you are good at.

The final activity for you to do in each module is called **My Challenge**. This is where you can choose to do a new activity, something you would like to try. When you have completed My Challenge, you will be asked to show the things you did well.

Tutor notes

Completing the activity record pages

Once a learner has completed an activity, the tutor must complete the relevant record boxes in the student book. It is important that the evidence box is correctly cross-referenced to the learner's portfolio as this will need to be accessed at various times by the tutor, learner and ASDAN moderator if the work is to be externally certificated.

Additional tutor/learner comment (optional)

This box can be used in any way to show the learner's achievements. It might also show what they need to work on next.

C5 Finding out about occupations of people who help us — Citizenship

Find out about the jobs of people who help us

- Police officer ✔
- Firefighter ✔
- Bus driver ☐
- Other ☐

Parallel activity:

- Take part in a visit ☐

Additional tutor or learner comments: (Optional)

Ellen showed using signs and symbols that a police officer is needed when there is a road accident and a firefighter puts out fires.

P level or other centre assessment tool: (Optional)
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Subject area:
Geography

Level of support: GH

Evidence ref: Section 3 page 5

Verified by: A.Other

Date: 20/01/17

P level/other centre assessment tool and subject area (optional)

This box can be used to record the learner's achievement by allocating a P level or other descriptor and subject area.

Level of Support

This box shows what sort of help the learner was given.

Evidence Ref.

This box shows where the learner's work (or evidence) is located in their portfolio.

Verified by/date

The tutor should sign and date these boxes when all other boxes have been completed.

Tutor notes

Completing the Personal Skills and My Challenge pages

Once a learner has completed the sections of a module, the Personal Skills and My Challenge pages must be completed.

Personal Skills	Citizenship

This section is for you to share the things you are good at.

For example:
- following class/group rules
- recognising what is fair
- recycling rubbish
- helping others
- other

Things I can do:

I put my rubbish in the bin.

I put empty cans into a special box.

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My Challenge	Citizenship

This section is for you to share something you would like to try.

My challenge is:

I am going to help make a garden in the school.

Challenge review

How I got on:

I planted poppy seeds.

Signed: *A.Other*   Date: *20/01/17*

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Record page

For external certification each learner must complete a minimum of three sections from each of the five modules and complete the Personal Skills and My Challenge activities.

Record page

Tick (✔) to show which sections you have completed

Module	1	2	3	4	5	Personal Skills and My Challenge	Level of support
Personal	✔	✔	☐	✔	☐	Personal Skills ✔ My Challenge ✔	PH
Social	☐	✔	✔	☐	✔	Personal Skills ✔ My Challenge ✔	GH
Health	☐	☐	✔	✔	✔	Personal Skills ✔ My Challenge ✔	GH
Citizenship	✔	☐	✔	✔	☐	Personal Skills ✔ My Challenge ✔	PH
Relationships	☐	✔	✔	✔	☐	Personal Skills ✔ My Challenge ✔	GH

Learner signature: *Ellen*

Tutor signature: *A.Other*   Date: *31/03/17*

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Show your

Full name .... ☐	Gender ☐
Age/ date of birth ☐	Address ☐
Telephone number ☐	Height ☐
Weight ☐	Clothes/ shoe sizes ☐
Hair colour ☐	Eye colour ☐
Other .... ☐	

Parallel activity:

With support collect information on your personal details.

Share your information with others. ☐

Optional

Additional tutor or learner comments:

Optional

P level or other centre assessment tool:

Subject area:

Level of support:	Evidence ref:	Verified by:
		Date:

Show

Foods that are good for you

Foods that are less good for you

A plan for a healthy meal

Parallel activity:

Taste a range of healthy foods

Optional

Additional tutor or learner comments:

Optional

P level or other centre assessment tool:

Subject area:

Level of support:	Evidence ref:	Verified by:
		Date:

Show something that makes you

Happy	☐
Sad	☐
Angry	☐
Other	☐

Show people who can help you with feelings

Parent	☐
Teacher	☐
Friend	☐
Other	☐

Show how you cope with different feelings	☐

Parallel activity:

With support show when you are relaxed and show when you are noisy	☐

Optional

Additional tutor or learner comments:

Optional

P level or other centre assessment tool:

Subject area:

| Level of support: | Evidence ref: | Verified by: |
| | | Date: |

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