

Sample

Towards Independence

Starting Out



Name:

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This module has been developed as the result of collaborative work between ASDAN and practitioners delivering the Towards Independence programme. Our thanks go to all those who contributed to the development of these materials.

DISCLAIMER:

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Welcome

This booklet is called **Starting Out** and everyone following the Towards Independence programme must have one.

You can work with your tutor to fill in your Centre Details (page 6) and One-Page Profile (page 7).

Starting Out will show your learning goals (targets) and it will show the first Towards Independence module(s) you will follow.

To help you to think about your learning goals, you and your tutor may find it useful to show the things **you like doing** and things **you would like to try** by completing the activity boxes on pages 8–15.

Before you start doing your first Towards Independence module, it is important that your tutor completes the **Module Plan** on page 16 in this booklet. You can help your tutor with this.

You can choose to complete your Learner Plan on page 17 by using module pictures provided by your tutor.

The back pages of your **Starting Out** booklet are for your tutor to complete and they will provide a record (summary) of all your achievements while undertaking your chosen Towards Independence modules.

Good luck in completing the Towards Independence modules!

Tutor Notes

Using the Starting Out booklet

- ! All learners following the Towards Independence programme must have a Starting Out booklet.
- ! The Starting Out booklet must be presented with all modules submitted for external moderation.

Starting Out is used to:

- identify the first Towards Independence module(s) that the learner will follow to develop the skills that have been identified as learning goals (targets). Tutors will do this by completing the **Module Plan** (page 16)
- track and record the learner's achievements while undertaking Towards Independence modules. Tutors will do this by completing and regularly updating the **Summative Achievement Record** (pages 18–23). The process of updating these record pages ensures that the Starting Out booklet remains a live document

Using Starting Out as a stand-alone module (optional)

Tutors may wish to use Starting Out as a certificated module in its own right to help identify learning goals. In addition to the mandatory pages described above, tutors need to complete (with the learner) some of the **Skills Pages** (pages 8–15) to show the things that the learner likes doing and things they would like to try.

Tutors also need to put together a **portfolio of evidence** to show the learner's participation in the activities. Evidence must be accessible to the learners, e.g. photographs, symbols, pictures, worksheets, witness statements, video or sound recordings, etc.

Note: A Starting Out certificate is **not** available to centres using the Starting Out booklet primarily as a learner tracking and recording document.

One-Page Profile

I communicate by...

Picture or photo

optional

I like...



I don't like...



I can do these things on my own...

I need help to...

Help me by...

If I get upset, support me by...

In the future, I would like to...

In the future, I would like to...

Communication Skills

optional

Things I like doing

Things I would like to try

Reading



Writing



Signing



Talking



Using symbols



Other ways to communicate:
(please describe)

Comments:

Independent Living Skills

optional

Things I like doing

Things I would like to try

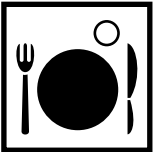
Doing housework



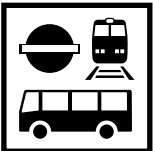
Caring for myself



Making meals or drinks



Using public transport



Other ways to be independent:
(please describe)

Other ways to be independent:
(please describe)

Comments:

Hobbies and Interests

optional

Things I like doing

Things I would like to try



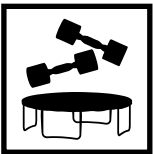
Indoor sports



Outdoor sports



Fitness routines



Swimming



Supporting a team



Helping others



Comments:

Hobbies and Interests

optional

Things I like doing

Things I would like to try

Making things



✓

✓

Artwork



Using a computer



Making music



Listening to music



Using ICT equipment



Comments:

Other Skills

optional

Things I like doing



Things I would like to try



Comments:

Module Plan (this page must be completed by the tutor/supervisor)

Learning goal(s)	Module(s)	Start date

optional

Tutor/supervisor comments:

Signature:

Date:

Summative Achievement Record

(this page must be completed by the tutor/supervisor)

TI Module	Start date	Level of Support	Completion date	Next steps	Tutor signature
Developing Communication skills: Introduction	15.9.15	SH	12.12.15	Developing Communication skills Progression Practising independent travel skills Health and safety training	S.Lawrence

Sample



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