# Section 4
# My behaviour

Show what makes you...

Happy

Relaxed

Excited

Sad

Angry

Frustrated

Other _____

# My behaviour
## Support

Show who can support you with your feelings.

Parent or carer

Friend

Teacher

Other _____

# My behaviour
## Photo evidence sheet

Show what makes you...

### Happy

### Sad

### Angry

### Relaxed

### Frustrated

### Excited