



bronze silver

International Award Programs

Name:
Centre:
ASDAN tutor:

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Welcome



This introduction is designed to help you make the most of the ASDAN International Award Programs.

Please read through the next few pages very carefully and if you are still unclear about what you need to do, ask your tutor for more help.

ASDAN International Award Programs

The ASDAN International Award Programs progress through Bronze, Silver and Gold.

Each program is designed to develop, assess and accredit Key Skills, and recognise your personal achievements.

The Bronze Award, the Silver Challenge Award, and the Silver Award can all be achieved using this booklet. The Gold Award is in a separate booklet and can be achieved at a later stage. Details of further courses from ASDAN are given on the inside back cover.

Credits

This booklet contains 12 modules (topics or areas of interest) each of which is divided into two or three sections. To gain credits, you need to choose, with the help of your tutor, sections which will be interesting and useful, and then complete the challenges required.

Each completed section will give you 1 or 2 credits, representing about 10 or 20 hours. Full details of the credits needed for each Award are shown on page 4.

Credits can also be acquired from other ASDAN courses, such as Key Steps (see page 52).

Developing Key Skills

Each program contains a choice of challenges that will encourage you to become more skilled at:

- Improving Own Learning and Performance
- Working with Others
- Problem Solving

In addition, challenges and activities may develop other skills and provide evidence for:

- Communication
- Application of Number
- ICT

The skills listed above are commonly known as Key Skills. These skills are highly valued by employers and institutions of further and higher education, and will help you to make the most of employment and training opportunities.



Requirements for each Award

Time and credits

Check with your tutor to make sure you fully understand what you must do for your chosen Award(s). When working through the modules, you must be aware that:

10 hours = 1 credit

Bronze Award

To achieve the Bronze Award, you will need to gain a minimum of 6 credits (60 hours).

These credits may include **up to 3 credits** from other ASDAN courses, such as Key Steps or Short Courses (see page 55).

- Complete the required number of challenges, signed and dated in your book
- Present an organised portfolio of your work, including three completed Action Plan and Review sheets
- Complete the Bronze Summary of Achievement
- Ensure the Record of Progress (page 5) and Tutor Record (page 6) is signed by your tutor

Silver Challenge Award

To achieve the Silver Challenge Award, you will need to gain a minimum of **12 credits** (120 hours).

These credits may include **up to 6 credits** from other ASDAN courses, such as the Bronze Award, Key Steps or Short Courses (see page 55).

- Complete the required number of challenges (signed and dated in your book)
- Present an organised portfolio of your work, including six completed Action Plan and Review sheets (this can include examples produced for the Bronze Award or Short Courses)
- Complete the Silver Challenge Summary of Achievement, explaining how skills have been developed through the additional challenges
- Ensure the Record of Progress (page 5) and Tutor Record (page 6) is signed by your tutor

Silver Award

To achieve the Silver Award, you will need to gain a minimum of 12 credits (120 hours).

These credits may include **up to 6 credits** from other ASDAN courses, such as the Bronze Award, Key Steps or Short Courses (see page 55).

- Complete the required number of challenges (signed and dated in your book)
- Present an organised portfolio of your work, including three completed Action Plan and Review sheets (this can include those completed for the Bronze Award or Short Courses) and three completed Silver Plan, Do, Review sheets at Level 1
- Complete the Silver Summary of Achievement, which describes how you have developed your Key Skills at Level 1
- Ensure the Record of Progress (page 5) and Tutor Record (page 6) is signed by your tutor



Module 1: Information Handling

Section A: Discussion and Exchanges

Complete FOUR challenges over 10 hours for 1 credit

1	Give an illustrated talk about a topic of interest to a group of people and answer any questions.	Evidence ref:
	Topic:	
	Group size:	Verified by/date:
	Key skills:	
2	Show that you can obtain information from two of the following (✔):	Evidence ref:
	☐ Using the phone	
	☐ Listening to a radio program	
	☐ Watching a film, TV program or video clip	
	☐ Interviewing someone	Verified by/date:
	Key skills:	
2	Complete one of the following tasks (✔):	Evidence ref:
3	☐ Entertain a group of people to tea or coffee	Evidence rei.
	☐ Welcome visitors and show them around	
		Verified by/date:
	Key skills:	

4	Take part in a group discussion and present the main points raised.	Evidence ref:
	Topic:	
	Group size:	Verified by/date:
	Key skills:	
5	Find out how to use a piece of equipment or make something. Give instructions to someone on how to do this.	Evidence ref:
		Verified by/date:
	Key skills:	
6	Other agreed challenge:	Evidence ref:
		Verified by/date:
	Key skills:	

Module 3: Sport and Leisure

Section B: Sport



Complete THREE challenges over 10 hours for 1 credit

1	Show that you have taken part in at least two of the following indoor activities (\checkmark):	Evidence ref:
	☐ Table tennis	
	☐ Badminton	
	□ Squash	Verified by/date:
	☐ Snooker or pool	
	□ Volleyball	
	☐ Ice or roller skating	
	□ Bowling	
	☐ Board or card game	
	☐ Indoor football	
	□ Basketball	
	☐ Other agreed activity:	
	☐ Other agreed activity:	
	Key skills:	

2	Show that you have taken part in at least two of the following outdoor activities under appropriate supervision (✔): ☐ Sailing or canoeing ☐ Rock climbing	Evidence ref:
	☐ Fishing ☐ Horse riding ☐ Cycling	Verified by/date:
	☐ Country walking	
	☐ Athletics	
	☐ Cross country running	
	☐ Other agreed activity:	
	Other agreed activity:	
	Key skills:	
3	Show that you have taken part in a sport as a member of a team on at least two occasions.	Evidence ref:
		Verified by/date:
	Key skills:	
4	Show that you have taken part in swimming activities on at least two occasions and have met an agreed target. Target met:	Evidence ref:
		Verified by/date:
	Key skills:	
5	Other agreed challenge:	Evidence ref:
		Verified by/date:
	Key skills:	

Module 12: Beliefs and Values

Section C: Moral Issues



Complete challenge 1 and TWO others over 10 hours for 1 credit

1	Carry out an in-depth study of one of the following issues (✔): ☐ Abortion ☐ Euthanasia ☐ Marriage	Evidence ref:
	☐ Marriage☐ Capital punishment☐ Movement of refugees☐ Other agreed issue:	Verified by/date:
	Produce a report that shows that you understand: • What the issue is about • The arguments in favour of the issue • The arguments against the issue • Any different religious viewpoints relating to the issue	
	Your report should include a summary of your own feelings on the chosen issue. Key skills:	
2	Identify the causes of one of the following (✔): ☐ Poverty ☐ Racism ☐ Drug abuse	Evidence ref:
	□ Drug abuse□ The arms trade□ Third world debt□ Other agreed issue:	Verified by/date:
	Key skills:	

3	As part of a group take part in a discussion about human rights.	Evidence ref:
	Make a list of the ten human rights that your group feel are the most important.	
	Compare your list with the United Nations Universal Declaration of Human Rights and discuss how it differs from your own list.	Verified by/date:
	Key skills:	
4	Identify an example of genocide or ethnic cleansing. Find out who was involved and what happened, then complete one of the following tasks (✔): □ Produce a poster or visual display that illustrates your findings □ Write a newspaper article drawing attention to your example □ Record an audio tape that could be used as a radio news feature	Evidence ref: Verified by/date:
	Key skills:	
5	Imagine that you are working in a hospital following a natural disaster and the hospital only has limited resources.	Evidence ref:
	Work in a group and make a list of criteria that could be used to choose which patients would receive priority treatment.	
	Report back on whether this is a fair way to make such important decisions.	Verified by/date:
	Key skills:	
6	Carry out a challenge agreed with your tutor which will help you to develop a greater appreciation of a chosen moral issue. Agreed challenge:	Evidence ref:
	Agreed challenge.	Verified by /date.
		Verified by/date:
	Key skills:	



Other courses from ASDAN

What's next?

Having completed your Bronze, Silver Challenge or Silver Award, you may be interested in other ASDAN courses, such as the Gold Award.

Gold Award

This consists of 12 modules with headings very similar to those of the Bronze | Silver International Award Programs:

- Information Transmission
- The Community
- Sport and Leisure
- Independent Living
- Economic and Consumer Issues
- Handling Numbers
- Healthy Living
- Work-related Activities
- Science and Technology
- International Links
- Expressive Arts
- Beliefs and Ethics







