



Learner name:

School:

With thanks to the schools involved in piloting this programme: • Northlands Primary School, Rugby

- Northands i filliary School, Na
- Riverside Academy, Rugby
- Boughton Leigh Junior School, Rugby
- The Avon Valley School and Performing Arts College, Rugby

Developed in partnership with:



The Progression Trust
the national ear, mind and voice for progression

www.phf.org.uk

theprogressiontrust.org

My profile

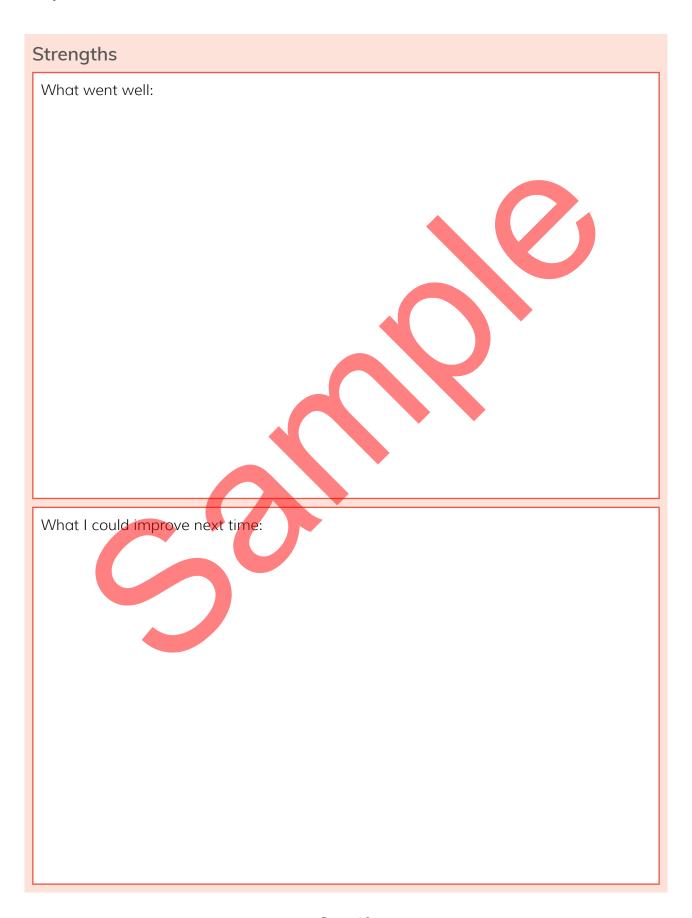
戊 I like	Picture or photo of me
♥ I don't like	
La I can do these things on my own	
? I need help to Please help me by	
▼ I have already achieved	
¶ In the future I would like to	

Awareness Record page



Characteristic	Starter ✓	Challenge 1	Challenge 2	Challenge 3	
	0	Date:	Date:	Date:	
Strengths		Verified by:	Verified by:	Verified by:	
Possibilities	$\overline{}$	Date:	Date:	Date:	
	\bigcirc	Verified by:	Verified by:	Verified by:	
Challenges		Date:	Date:	Date:	
	\bigcirc	Verified by:	Verified by:	Verified by:	
Routes		Date:	Date:	Date:	
		Verified by:	Verified by:	Verified by:	
Information		Date:	Date:	Date:	
		Verified by:	Verified by:	Verified by:	
		Date:	Date:	Date:	
Support	\bigcirc	Verified by:	Verified by:	Verified by:	
I confirm there is evidence to show that these challenges have been completed					
Learner signature:		Date:			
Tutor signature:			Date:		

My characteristics



Self-assessment review

Awareness is about knowing what you need to know to help you achieve the things that are important to you.

✓ Tick to show how confident you are in the following aspects of awareness...

Characteristic	Very confident	Confident	Unsure	Not very confident
Strengths I know my strengths and can make the most of them			0	
Possibilities I actively investigate new possibilities				
Challenges I understand the challenges I face				
Routes I understand my options and the routes to my goals				
Information I know where to find the information I need				
Support I know what help I need and where to find it				
Learner signature:		Date:		
Tutor signature:		Date:		

My definitions



Awareness	
Strengths	
Possibilities	
Challenges	
Routes	
Information	
Support	
Progression	

My achievements

