

Towards Independence

Horticulture

Name:



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This module has been developed as the result of collaborative work between ASDAN and practitioners delivering the Towards Independence programme. Our thanks go to all those who contributed to the development of these materials.

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Welcome

You are starting a module called

Horticulture

In doing the activities in this module you will be asked to:

- say
- show
- choose
- make things

You can say things by talking or signing, or by using any other means to let someone know what you want to say.

You can choose and show things by using:

- pictures
- digital recording
- other means

- photographs
- computer

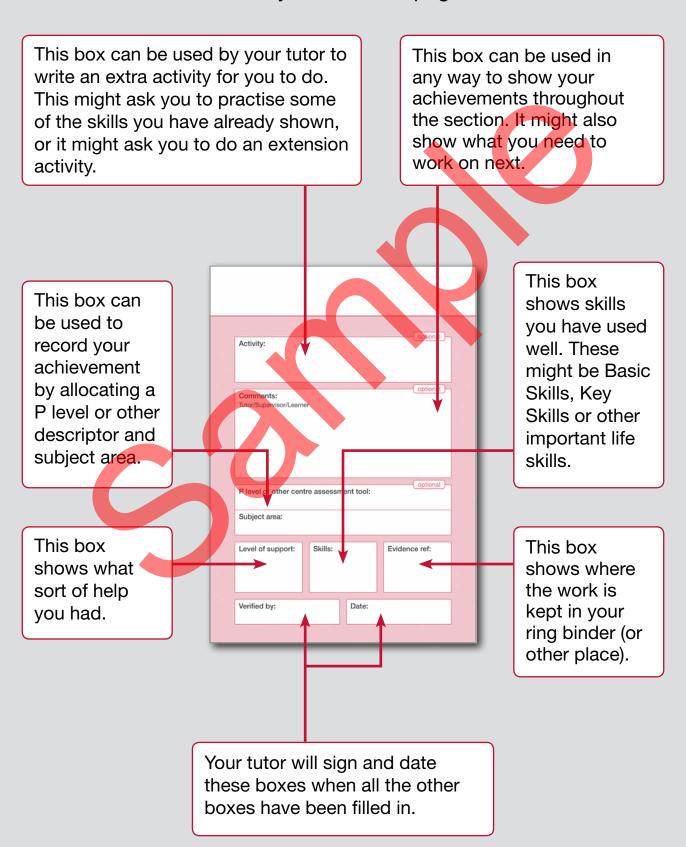
or by telling someone else so they can write or do it for you. All the way through you can have as much help as you need.

As you complete each activity, you or your tutor can tick the box shown alongside the activity and the corresponding box on the **Record of Activities** page.

When you have finished the module, remember to complete the **Module Review** and **Next Steps** at the end of the book.

Record Boxes

At the end of each section you will find a page of record boxes:



Levels of Support

Ask your tutor to talk to you about these:



NH No Help - you can do things on your own



SH Spoken/Signed Help – you are helped by someone speaking or signing suggestions to you



GH Gestural Help – you are helped by someone using hand signals or other gestural prompts



PH Physical Help – you are helped by someone holding you and/or helping you to move



SE Sensory Experience – you are given the opportunity of being involved through a sensory experience, e.g. hearing, touch, sight or taste



ER Experience Recorded – you are provided with an experience of the activity but are unable to take part

Section A:

Getting ready to work in the garden

Show that you know why you should wear special clothing for gardening. 2 Show what you should wear on your: Feet Hands 0 Head 0 Show what you should wear on your body when the weather is: o Dry Wet Cold

Section A:

Getting ready to work in the garden

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Verified by: Date:	Verified by:		Date:	
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Section D:

Growing plants outdoors

Before you start, make sure you are wearing the correct clothing.	
Decide where you are going to grow the seeds or seedlings.	
Show you can prepare the growing area. You might do this by:	
3 Choose the tools you need and use them safely.	
4 Show you can plant your seeds or seedlings.	
5 Show you can clear away any rubbish and water the seeds or seedlings.	
6 Show you can clean the tools after use and put them away safely. Remember to wash your hands when you have finished.	

Section D:

Growing plants outdoors

Activity:			optional
Comments: Tutor/Supervisor/Learne	er		optional
P level or other cent	re assessn	nent tool:	optional
Subject area:			
Level of support:	Skills:		Evidence ref:
Verified by:		Date:	

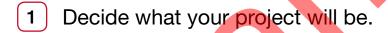
Section F:

Project

In this section you can choose your own activity.

Here are some ideas:

- Grow something for a special occasion
- Cook something you have grown
- Sell your plants as part of a mini enterprise project
- Visit a garden centre
- Take part in a community project
- Other



- 2 Plan your project
- (3) Make a list of the things you need.
- 4 Do your project.
- [5] Show what went well in your project.

Section F:

Project

Activity:			optional
Comments: Tutor/Supervisor/Learne	er		optional
P level or other cent	re assessm	nent tool:	optional
Subject area:			
Level of support:	Skills:		Evidence ref:
Verified by:		Date:	

Next Steps

My next challenge:
A ativities and readules that will below
Activities and modules that will help:
Who can help me and when:
who can help me and when.
Remember to record that you have completed this module and
review on the Record Page in your Starting Out module.
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Learner signature:
Learner signature.
Tutov/ourser description
Tutor/supervisor signature:
Date:



