

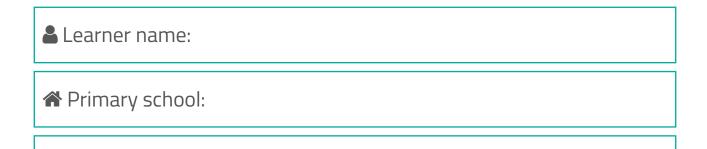
student book: secondary













With thanks to the schools involved in piloting this programme:

Northlands Primary School, Rugby

Riverside Academy, Rugby

Secondary school:

Boughton Leigh Junior School, Rugby

The Avon Valley School and Performing Arts College, Rugby

Developed in partnership with:





www.phf.org.uk

theprogressiontrust.org

Modules and characteristics



Each of the three Lift Off modules is made up of six characteristics:



Awareness

- · Strengths
- Possibilities
- Challenges
- Routes
- Information
- Support



Aspiration

- · Self-worth
- Self-efficacy
- Self-control
- Purpose
- Resilience
- Determination



Attainment

- Planning
- Communication
- Self-improvement
- Application
- Collaboration
- · Problem Solving



These modules and characteristics will help develop your skills for...

Progression

My profile

₺ I like	Picture or photo of me
♥ I don't like	
▲ I can do these things on my own.	
② I need help to Please help me by	
T I have already achieved	
◀ In the future I would like to	

My secondary school

★ My school is called	Picture or photo of building
My tutor group is called	
▲ My tutor is called	
♥ My favourite subjects	
	Picture or photo of school logo
Lunchtimes at my school include	

My primary school



★ My school was called...

Picture or photo of building

My class was called...

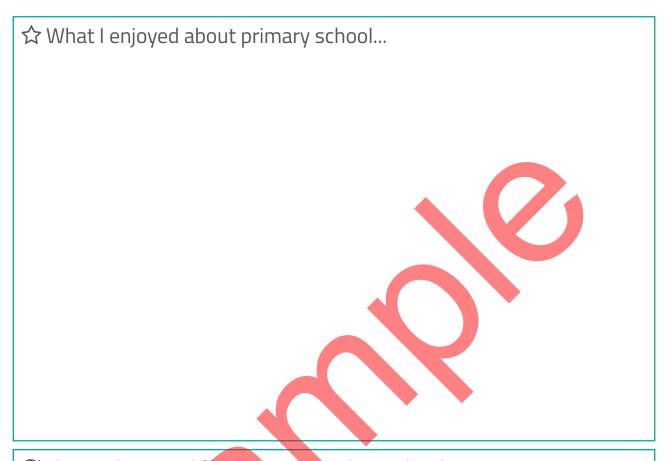
Adults I worked with were...

♥ My favourite subjects were...

Lunchtimes at my school included...

Picture or photo of what I used to wear or the school logo

My thoughts about moving to secondary school



Things that are different at secondary school.

Self-assessment checklist -----

✓ Tick to show how confident you are in the following areas...

Strengths Possibilities Challenges Routes Information Support Self-worth Self-efficacy Self-control Purpose Resilience Determination Planning Communication Self-improvement Application Collaboration Problem Solving Learner signature: Date: Tutor signature: Date:	Characteristic	Very confident	Confident	Unsure	Not very confident
Challenges O Routes O Information O Support O Self-worth O Self-efficacy O Self-control O Purpose O Resilience O Determination O Planning O Communication O Self-improvement O Application O Collaboration O Problem Solving Date:	Strengths				\bigcirc
Routes	Possibilities				
Information Support Support Self-worth Self-efficacy Self-control Purpose Resilience Determination Planning Communication Self-improvement Application Collaboration Problem Solving Date: Date:	Challenges				
Support Self-worth Self-efficacy Self-control Purpose Resilience Determination Planning Communication Self-improvement Application Collaboration Problem Solving Date:	Routes				
Self-worth Self-efficacy Self-control Purpose Resilience Determination Planning Communication Self-improvement Application Collaboration Problem Solving Date:	Information			0	
Self-efficacy Self-control O Purpose Resilience Determination O Planning O Communication Self-improvement Application Collaboration O Collaboration Date: Date:	Support				
Self-control	Self-worth		0		\bigcirc
Purpose Resilience Determination Planning Communication Self-improvement Application Collaboration Problem Solving Date:	Self-efficacy			O	
Resilience Determination Planning Communication Self-improvement Application Collaboration Problem Solving Date:	Self-control				
Determination O O O O O O O O O O O O O O O O O O O	Purpose				
Planning O O O O O O O O O O O O O O O O O O O	Resilience				
Communication O O O O O O O O O O O O O O O O O O O	Determination				
Self-improvement O O O O O O O O O O O O O O O O O O O	Planning	0			\bigcirc
Application O O O O O O O O O O O O O O O O O O O	Communication				
Collaboration O O O O O O Problem Solving O Date:	Self-improvement				
Problem Solving O O O Learner signature: Date:	Application				
Learner signature: Date:	Collaboration				
	Problem Solving			\bigcirc	
Tutor signature: Date:	Learner signature	2:		Date:	
	Tutor signature:			Date:	

My characteristics

Awareness

Strengths
What went well:
What I could improve next time:
Possibilities
What went well:
What I could improve next time:
Challenges
What went well:
What I could improve next time:



Application	
What went well:	
What I could improve next time:	
Collaboration	
What went well:	
What I could improve next time:	
Problem solving	
What went well:	
What I could improve next time:	





LOSWB2/1

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