



Courses to engage,
elevate and empower



ASDAN International

Our mission

ASDAN is an education charity and awarding organisation on a mission to **engage, elevate and empower** learners with diverse needs.

Our regulated qualifications and accredited programmes enable learners to achieve meaningful learning outcomes, elevating them to go on to further education, training or work, and empower them to take control of their lives.

ASDAN offers a wide variety of flexible, adaptable courses for learners working at pre-Entry to Level 3. Through contextualised, real-world learning approaches, our courses provide the tools to discover and develop the personal abilities and identities of each learner and empower them to contribute meaningfully to society.



Worldwide impact

ASDAN is changing education on a global scale, supporting thousands of education settings in over 40 countries and territories across MENA (Middle East and North Africa), APAC (Asia-Pacific) and European regions.

Each year, ASDAN supports tens of thousands of learners globally through programmes and qualifications that build confidence, uncover strengths and develop the skills needed for education, employment and life.

We amplify the voices of educators and learners to shape inclusive education. Through global partnerships, learner experiences inform policy, practice, and pathways into meaningful work.

Our internationally recognised courses challenge and support learners at all levels, equipping them with the skills and confidence to shape their futures.



Skills are in ASDAN's DNA

At the heart of ASDAN's curriculum are six core skills, each supported by complementary abilities that enrich learning.

In a world where adaptability, empathy, and resilience are critical, these six skills provide learners with a roadmap for navigating life's challenges:

- Learning
- Communicating
- Decision making
- Thinking
- Team working
- Self-awareness

These skills are at the core of 'The ASDAN Way' – our pedagogical model that emphasises iterative, co-constructed learning, formative feedback, and learners as active agents in their own educational journeys.

Embedded in ASDAN's skills-based curriculum is the **plan, do, review** cycle – a structured yet flexible learning loop that encourages intentional learning, implementation, and reflection – a pattern found across our courses.

ASDAN links with World Economic Forum Key Skills 2030

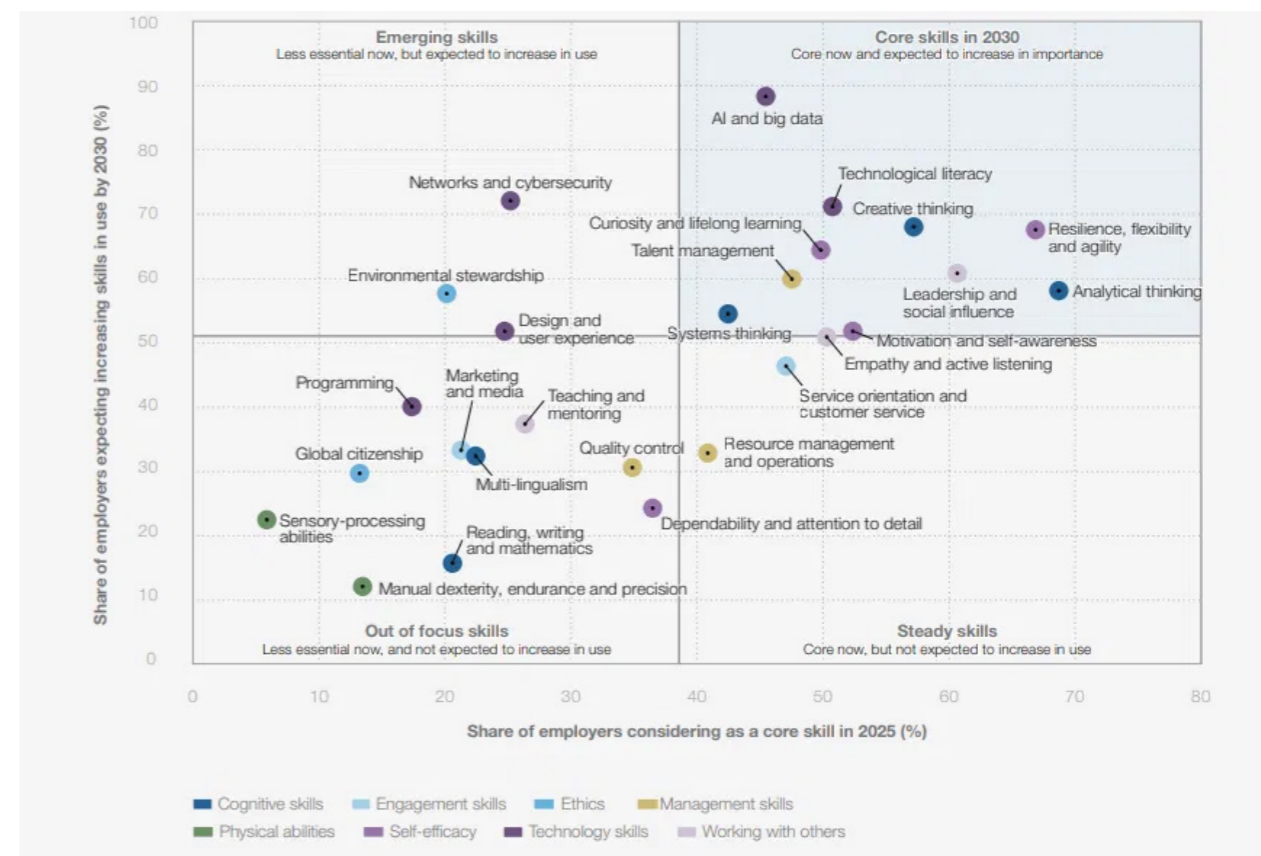
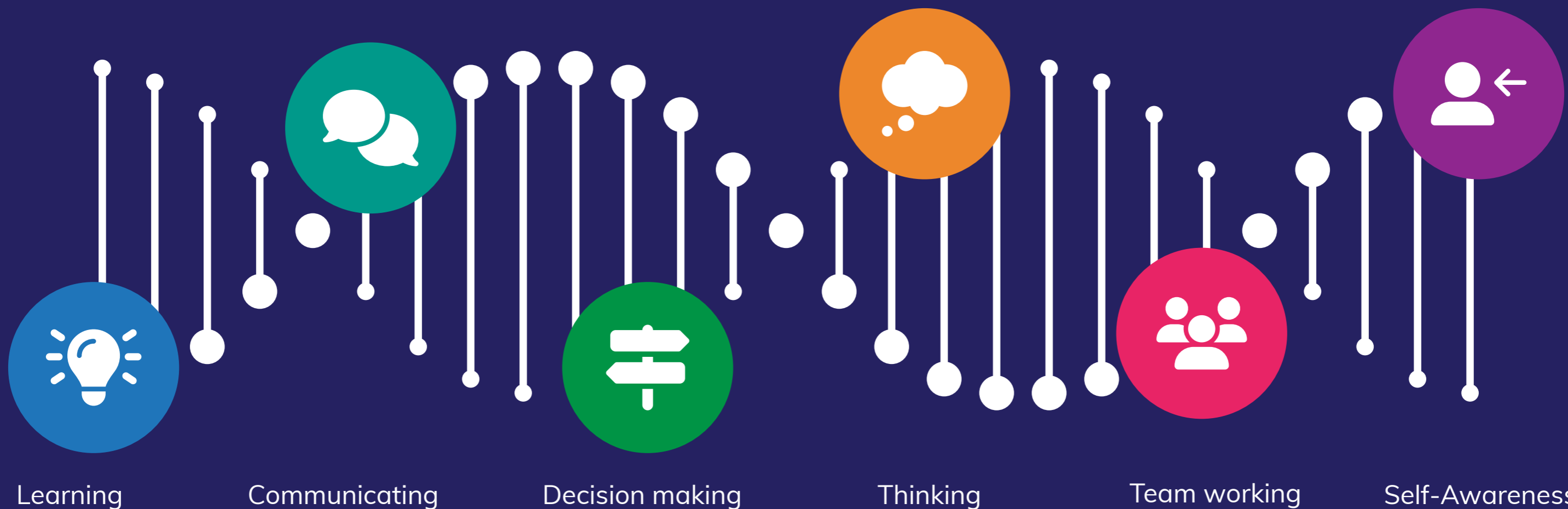


Image: humanresourcesonline.net



Getting started

Join our community

In order to deliver ASDAN courses, centres must first become a registered ASDAN member.

Training and practitioner support

We offer training webinars for all our programmes and qualifications to give practitioners an introduction, guidance on how to deliver the course and the process for assessment and certification.

Bespoke INSET training can also be arranged via video conferencing or in their own country.

ASDAN courses are supported by tutor guidance, recording documents and teaching resources to help boost practitioners' confidence in delivering ASDAN and to get the very best outcomes for their learners.

For support with becoming a member and delivering ASDAN courses, contact ASDAN's international Education Development Partners.

international@asdan.org.uk

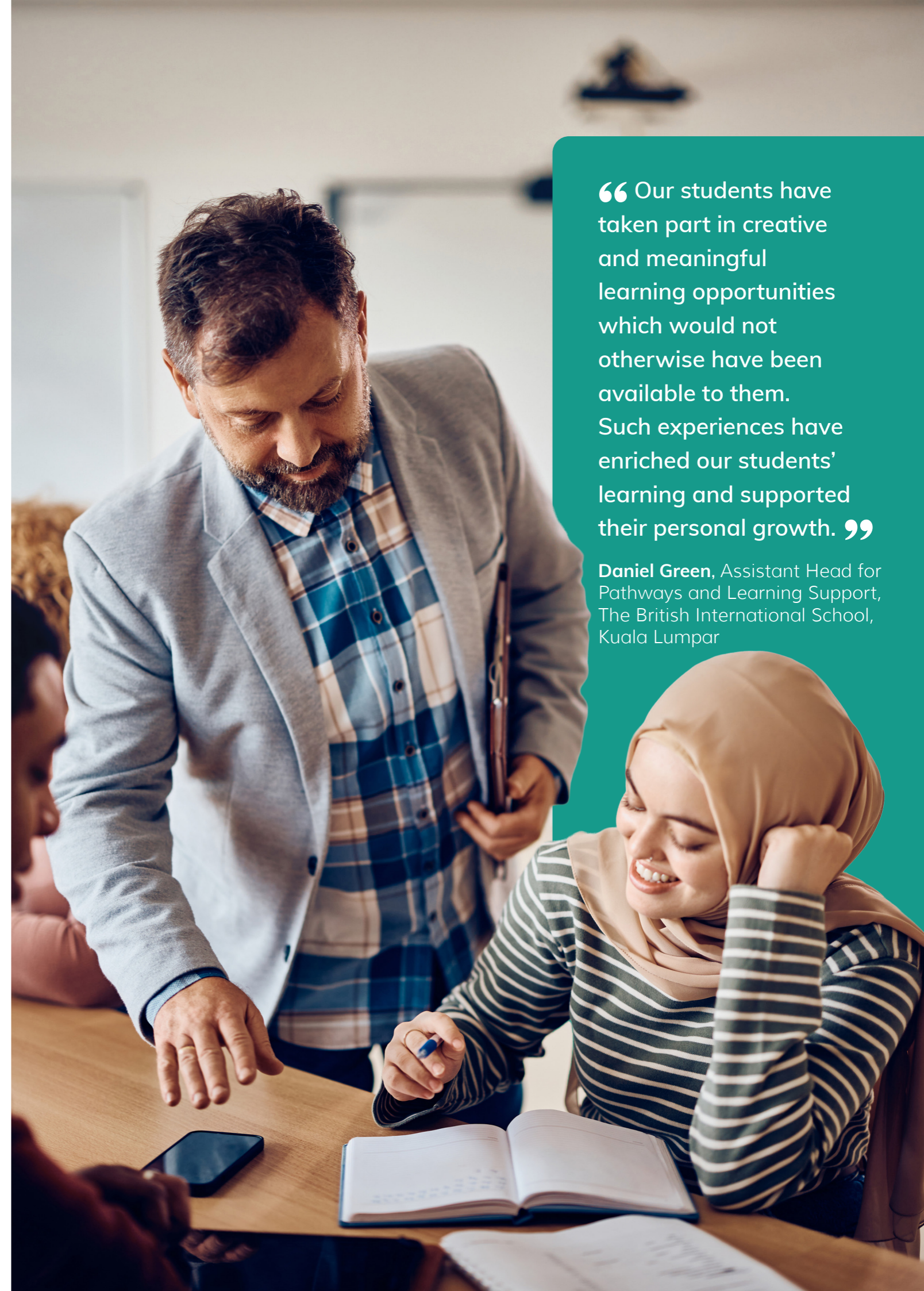
t. 44 1179548317

m. 44 7792 187763



“ Working with ASDAN has been a highly positive experience. Their team has been consistently supportive and responsive to our needs, and their training has been both effective and collaborative, allowing us to connect with other schools. ”

Daniel Green, Assistant Head for Pathways and Learning Support, The British International School, Kuala Lumpur



“ Our students have taken part in creative and meaningful learning opportunities which would not otherwise have been available to them. Such experiences have enriched our students' learning and supported their personal growth. ”

Daniel Green, Assistant Head for Pathways and Learning Support, The British International School, Kuala Lumpur

ASDAN in action: Unlocking learner confidence and creativity

ASDAN courses have been growing in popularity in the United Arab Emirates.

Teresa Parker, Learning Support Assistant at Dubai British School, explains the impact that an ASDAN course has had on Mia, a 14-year-old with special educational needs:

“Mia would be sitting on her own and what was happening in class would not engage her. She was struggling to access our curriculum, which is why we started using ASDAN’s Towards Independence – we wanted a flexible programme that could be built around Mia’s interests.”



“Mia is very creative and likes arts and crafts. She used the Towards Independence creative studies modules to produce artistic prints, which we displayed around the school as part of an exhibition. This activity sparked something in her and she was very proud of her work.”

“She became more comfortable with people – she was eager to present her work to anyone who was interested. To see Mia develop this confidence and happiness was amazing. Towards Independence has opened up possibilities for Mia that were not previously available.”

“The guidelines help you provide a broad curriculum and you’re free to deliver the course in whatever way best meets the needs of each learner. The teaching and learning resources give you great ideas for planning and delivering activities. Towards Independence is amazing and it very much meets our needs”

ASDAN programmes (non-regulated courses)

- Accelerating Progress – English
- Accelerating Progress – Mathematics
- Key Steps
- Lifeskills Challenge
- Lift Off
- Preparing for Adulthood (suite)
- Short Courses (suite)
- Personal Development Programmes (suite)
- Vocational Tasters (suite)

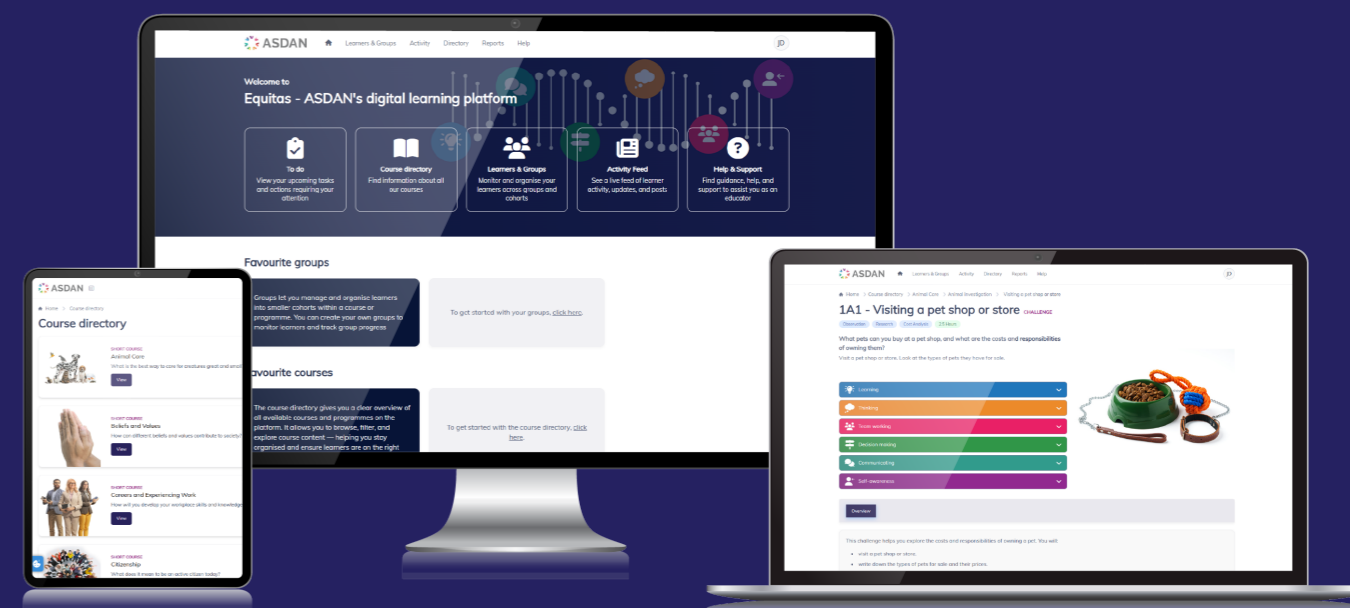
ASDAN qualifications (regulated by Ofqual)

- Employability (suite)
- Extended Project Qualification
- Foundation Project Qualification (Coming soon!)
- Higher Project Qualification (Coming soon!)
- Personal Progress (suite)
- Personal Effectiveness Qualifications
- Personal and Social Development (suite)

Digital learning

A number of ASDAN courses are available to complete online and will continue to be added to our new digital learning platform, Equitas.

Scan the QR code to learn more about Equitas.





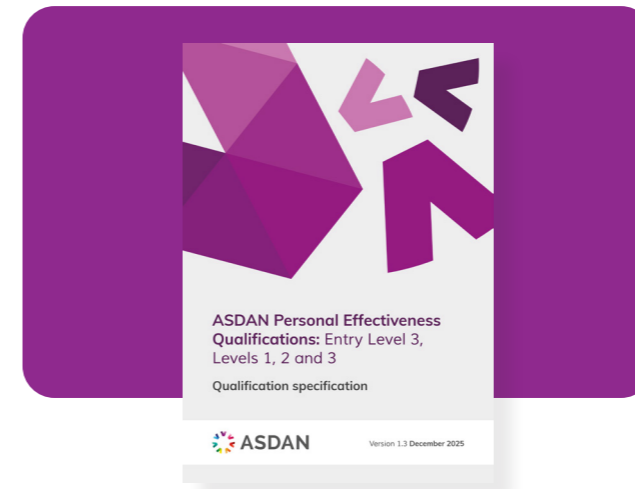
ASDAN is an Ofqual-regulated awarding organisation. Wherever your school is in the world, the qualifications your learners achieve carry formal recognition and credibility across the UK education system. For students with aspirations to study at UK universities, our Level 3 qualifications also carry UCAS tariff points, providing a valued and recognised addition to any university application.

Any school that becomes an ASDAN member can apply to deliver our qualifications internationally, supported by our dedicated international team.

British schools overseas can deliver our qualifications directly as ASDAN members. Schools operating under a different national curriculum or framework may need to seek local equivalence recognition to ensure qualifications are acknowledged within their own education system. Our international team are happy to support you through this process.

“ ASDAN has been a huge credit to our curriculum, helping our students with varying learning styles and abilities to succeed. It has prepared our learners for the wider world and focused them on key skills for the workplace. ”

Carlene Hyatt, John Gray High School, Cayman Islands



Personal Effectiveness Qualifications

ASDAN's refreshed Personal Effectiveness Qualifications (PEQ) develop the skills learners need to succeed in education, work and life. Available in Award, Extended Award and Certificate sizes, they enable learners to build confidence through real-world challenges.

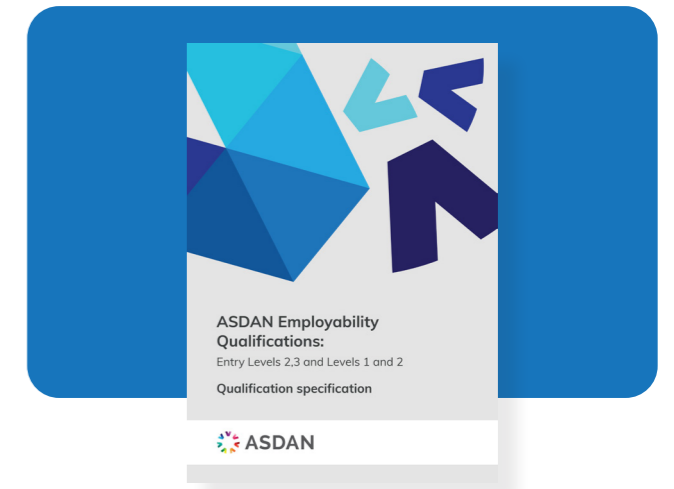
Focusing on core skills including communication, teamwork and problem solving, PEQ supports progression to further study, training and employment while promoting independence and resilience.

Level: Entry 3, Level 1, Level 2 and Level 3

Certification: Externally quality assured, certificates issued by ASDAN on award (printed).

Assessed: Portfolio of evidence

asdan.org.uk/personal-effectiveness-qualifications



Employability

ASDAN's Employability qualifications, updated for September 2026, offer a structured framework for developing and recognising key skills for education, training and employment. Learners engage in practical units covering areas such as customer service, health and safety, enterprise skills and applying for a job.

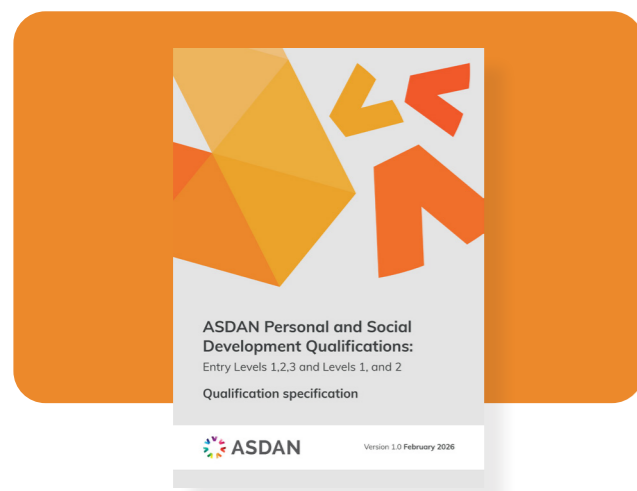
Designed to build confidence, teamwork and problem-solving abilities, these qualifications support progression to further education, training or the workplace, helping learners prepare for real-world opportunities with practical, hands-on experience. Available in Award and Certificate size qualifications.

Level: Entry 2, Entry 3, Level 1, Level 2

Certification: Externally quality assured, certificates issued by ASDAN on award (printed).

Assessed: Portfolio of evidence

asdan.org.uk/employability



Personal and Social Development

Personal and Social Development (PSD) qualifications, updated for September 2026, offer flexible, activity-based learning that supports learners in becoming confident, responsible and resilient individuals.

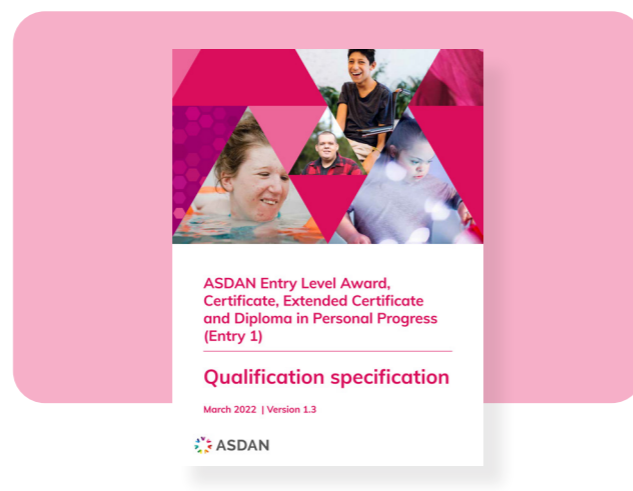
Available from Entry 1 to Level 2 in Award and Certificate sizes, PSD recognises achievement across a wide range of contexts, both inside and outside the classroom. Learners develop skills in wellbeing, citizenship and personal growth through engaging challenges, supporting progression to further education, training and employment.

Level: Entry 1, Entry 2, Entry 3, Level 1, Level 2

Certification: Externally quality assured, certificates issued by ASDAN on award (printed).

Assessed: Portfolio of evidence

asdan.org.uk/personal-and-social-development



Personal Progress

ASDAN's Personal Progress qualifications are designed to support learners with SEND, ensuring equal access to meaningful education through exploring practical subjects like employment, independent living, good health and community inclusion.

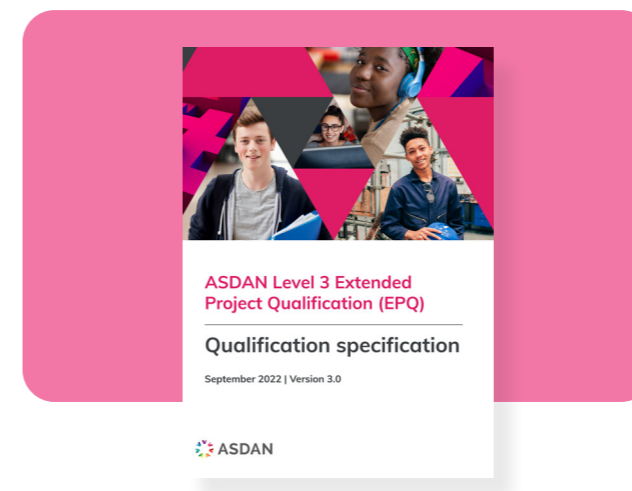
The course helps learners develop new skills, build confidence and improve life outcomes, providing tailored, achievable pathways that encourage independence, personal growth and engagement with their wider community. Available in Award, Certificate, Extended Certificate and Diploma size qualifications.

Level: Entry 1

Certification: Externally quality assured, certificates issued by ASDAN on award (printed).

Assessed: Portfolio of evidence

asdan.org.uk/personal-progress



Extended Project Qualification Level 3

The Extended Project Qualification (EPQ) Level 3 that develops independent learning and research skills. Learners plan, design and complete a substantial project on a topic of their choice, presented as a dissertation, artefact or performance.

Worth up to 28 UCAS points, it supports progression to higher education, training and employment while building critical thinking, project management and evaluation skills valued by universities and employers.

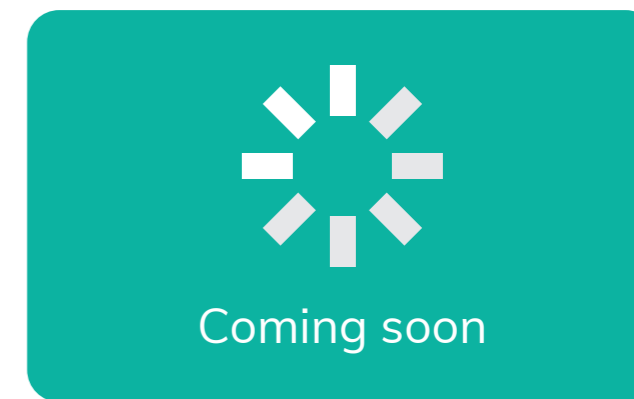
Level: Level 3

Certification: Externally moderated, results and (printed) certificates issued by ASDAN in line with published dates.

Assessed: Portfolio of evidence

Graded: A* to E

asdan.org.uk/extended-project-qualification-level-3



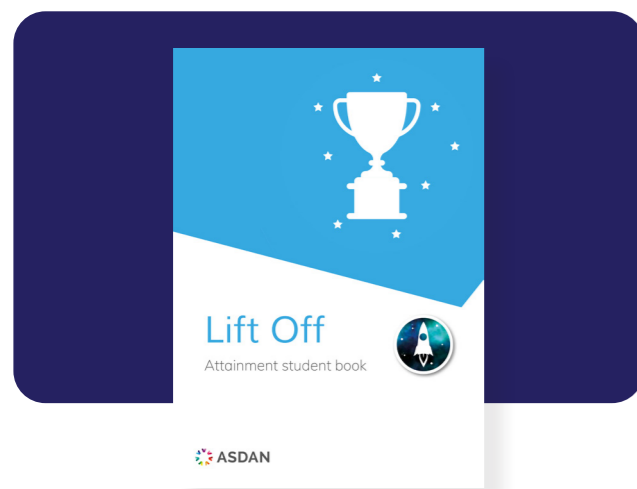
Foundation and Higher Project Qualifications

ASDAN is excited to introduce the Foundation Project Qualification (FPQ, Level 1) and Higher Project Qualification (HPQ, Level 2), expanding our popular project-based qualification portfolio and creating a clear progression pathway through to Level 3.

These engaging qualifications empower learners to explore a topic of their choice, planning and completing a project that reflects their interests and ambitions. Along the way, they build confidence, independence and essential skills in research, organisation and communication. With a strong emphasis on real-world application and learner voice, FPQ and HPQ support meaningful engagement and recognise achievement across a range of learning levels and Key Stages.

First teaching and registrations from September 2026, offering our members an exciting new way to inspire and motivate learners.

Courses (Programmes)



Lift Off

Lift Off is an activity-based programme that develops personal development skills and self-esteem to help learners make a successful transition from primary to secondary school.

Designed to develop learners' skills in 18 key characteristics across three modules:

- **Awareness:** Strengths, Possibilities, Challenges, Routes, Information, Support
- **Aspiration:** Self-worth, Self-efficacy, Self-control, Purpose, Resilience, Determination
- **Attainment:** Planning, Communication, Self-improvement, Application, Collaboration, Problem solving

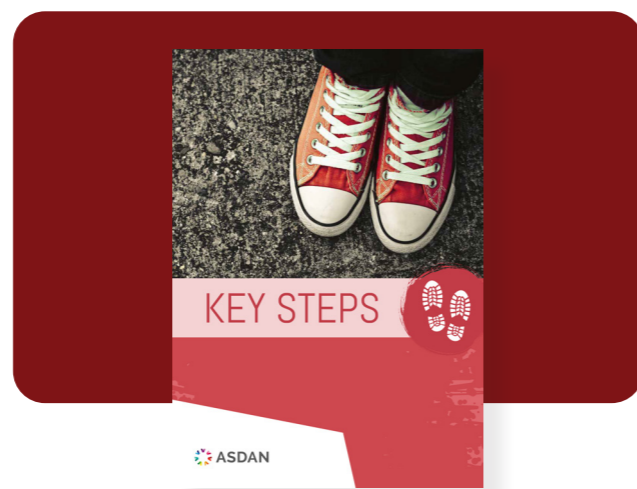
Age: 10-12

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence

Student books: They are available for each module or for the whole course.

asdan.org.uk/lift-off



Key Steps

Key Steps is a flexible programme of activities, including PSHE, citizenship and enterprise, encouraging learners to develop their personal skills.

Learners complete challenges from any of the nine modules:

- Identity
- Community
- Health
- Citizenship
- Environment
- Personal finance
- Enterprise
- Values
- International

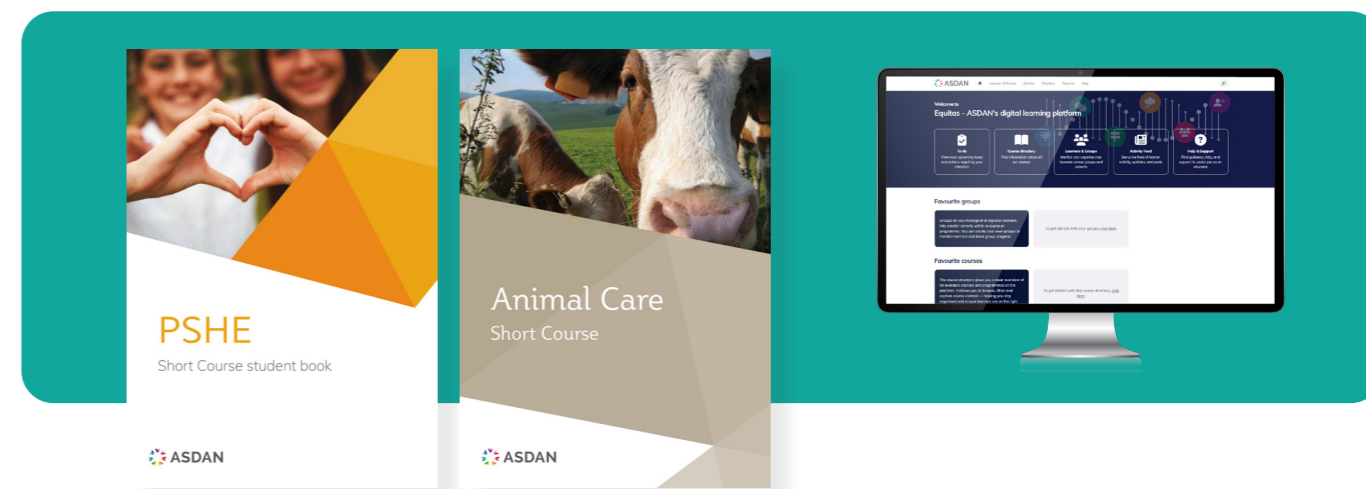
Age: 10-14

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence, skills sheets, personal statement

asdan.org.uk/key-steps

Courses (Programmes)



Short Courses

Flexible and multi-level courses designed to accredit activity and skills development in a wide range of topic areas. Learners gather a portfolio of evidence to support their activities over 10–60 hours.

Selected Short Course titles

- Adventure and Residential
- Animal Care
- Sports and Fitness
- Football
- Esports ★ **NEW for 2026**
- Leadership
- Environmental
- Gardening
- Beliefs and Values
- Citizenship
- English
- Mathematics
- PSHE
- Expressive Arts
- FoodWise
- Volunteering
- Accelerating Progress (English and mathematics)

Age: 13+

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence

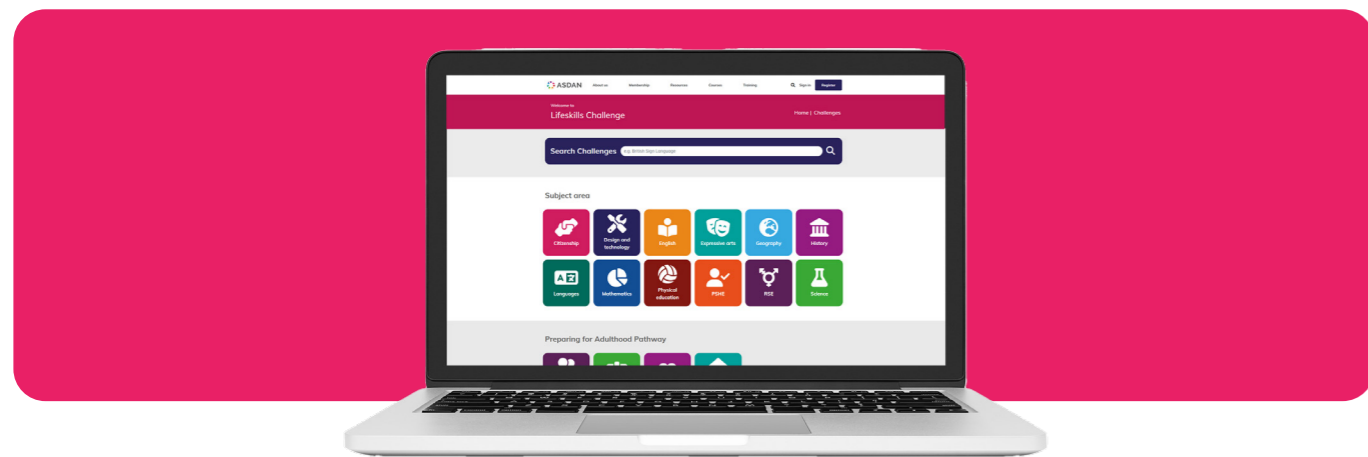
Digital option: Available as a student book and online

asdan.org.uk/short-courses

Scan the QR code to view all 31 Short Courses:



Courses (Programmes)



Lifeskills Challenge

This online bank of challenges offers the opportunity to create a personalised curriculum, meeting the needs of learners working at a range of levels, challenges are given an indicative learning level.

It covers an expansive range of topics including expressive arts, teamwork, PSHE, computing, numeracy and media.

Tutors can choose to write and submit their own challenges.

Challenges are grouped into the four Preparing for Adulthood pathways::

- Employment
- Independent living and housing
- Good health
- Friends, relationships and community

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

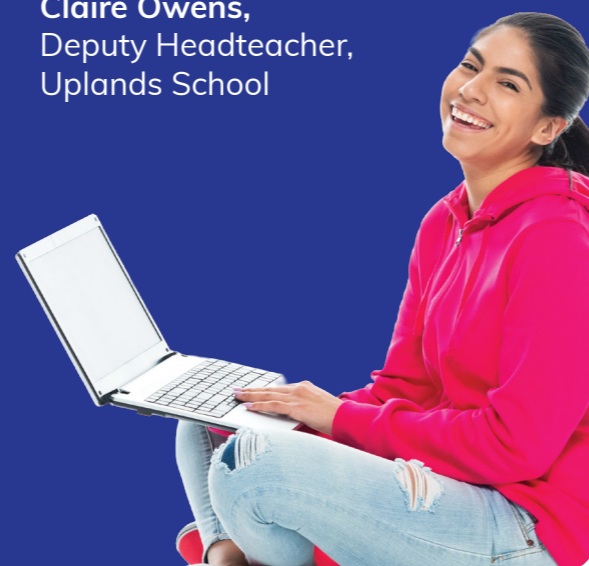
Assessed: Portfolio of evidence

Fully digital

asdan.org.uk/lifeskills-challenge

“ You can do anything with Lifeskills Challenge. The flexibility has allowed us to tailor the learning experience to the unique interests and abilities of each student. It puts learners at the centre and that’s what we believe in. Everyone has embraced it, and we couldn’t be happier with the results. ”

Claire Owens,
Deputy Headteacher,
Uplands School



Courses (Programmes)



International Bronze/Silver

These popular activity-based courses provide imaginative ways to develop learners’ personal, social and employability skills through a personalised curriculum of challenges.

Learners choose challenges from 12 modules:

- Information handling
- The community
- Sport and leisure
- Home management
- The environment
- Number handling
- Health and survival
- World of work
- Technology
- The wider world
- Expressive arts
- Beliefs and values

Age: 14–16 working at Entry level (Bronze, Silver) and Level 1 (Silver)

Certification: Externally quality assured and certificated by ASDAN.

Assessed: Portfolio of evidence

asdan.org.uk/international-bronze-silver-and-gold-awards/



International Gold

A continuation from Bronze/Silver, the Gold accredits 120 hours of activity-based learning worth 12 credits.

Learners choose challenges from 12 modules:

- Information transmission
- The community
- Sport and leisure
- Independent living
- Economic and consumer issues
- Handling numbers
- Healthy living
- Work-related activities
- Science and technology
- International links
- Expressive arts
- Beliefs and ethics

Age: 16+

Certification: Externally quality assured and certificated by ASDAN.

Assessed: Portfolio of evidence

asdan.org.uk/international-bronze-silver-and-gold-awards/



ASDAN's Preparing for Adulthood programmes are designed for learners with moderate, severe, complex and profound multiple learning difficulties.

This range of nationally recognised, certificated programmes provides a real-life context to reward achievement and foster the personal, social and work-related abilities of all learners, supporting progression, confidence and independence.

Our Preparing for Adulthood suite of programmes are adaptable to meet individual needs and interests, supporting personalised

learning pathways and creating meaningful, aspirational outcomes for learners with diverse needs across education, employment and adult life.

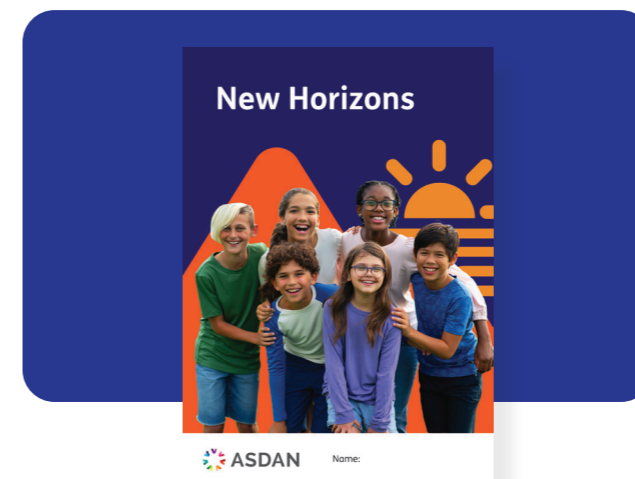
There are four programmes:

- New Horizons
- Transition Challenge
- Towards Independence
- Workright

Find out more at: asdan.org.uk/preparing-for-adulthood-programmes-send

“ ASDAN is a vital part of our school curriculum and offers a wealth of options and resources to support our students' passions, strengths and learning levels. ”

Lesley Berridge, Teacher at International School of Geneva



New Horizons

An activity-based curriculum supporting the delivery of PSHE, citizenship and careers education. Activities provide opportunities to develop communication and numeracy skills in a life skills setting.

New Horizons contains five modules:

- Personal
- Social
- Health
- Citizenship
- Relationships

Age: 9-13

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence

asdan.org.uk/new-horizons



Towards Independence

Towards Independence accredits personal, social, work-related and independent living skills for learners with SEND working towards Entry Level 1 to Entry Level 3.

88 modules available, including sensory options for learners with PMLD (profound and multiple learning difficulties).

With 88 modules on an expansive range of topics, this programme offers formal recognition for small steps of personal achievement towards individual goals for adults and learners preparing for adulthood.

Age: 14+ and adult

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence

asdan.org.uk/towards-independence



Transition Challenge

Transition Challenge offers a learner-centred, activity-based curriculum. This programme is available at two levels:

Sensory

Offers a developmental perspective for learners with PMLD and rewards every step of learning and achievement. Transition Challenge: Sensory contains four modules:

- Communication and Interaction
- Cognition
- Physical
- Self-help and Independence

Age: 14-16+

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence

asdan.org.uk/transition-challenge

Introduction and Progression

Provides a framework of activities linked to curriculum subjects. It develops learners' independent living and personal skills through five modules:

- Knowing how
- Making choices
- Feeling good
- Moving forward
- Taking the lead



Workright

Workright provides a framework to develop a range of basic transferable employability skills. It can be used in a variety of settings.

The Workright student book contains four modules:

- Health and safety in the workplace
- Responsibilities in the workplace
- Working with others
- You at work

The learner is required to demonstrate the knowledge or skills while on a work-based or work experience programme.

Age: 14+ and adult

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed. Silver and Gold certification available.

Assessed: Portfolio of evidence

asdan.org.uk/workright



Accelerating Progress (English and mathematics)

These programmes support learners in building the essential skills needed to make progress in English and mathematics at GCSE. Written by practitioners experienced in helping learners pass GCSEs, Accelerating Progress provides a fresh approach to GCSEs in order to re-engage and motivate learners.

Age: 14-16+

Certification: Internally quality assured. Claim certificates from ASDAN as PDF or printed.

Assessed: Portfolio of evidence

Digital option: Available as a student book and online

asdan.org.uk/accelerating-progress

Member spotlight

ASDAN in action: Transforming skills and building independence through meaningful learning

Holly Manning, a teacher at Dover Court International School in Singapore, shares how ASDAN programmes have empowered learners:

“ASDAN’s programmes have had a transformative impact on our learners, providing the time and structure for students to explicitly develop key skills that fast-paced mainstream curricula often do not allow.”



Mapping your curriculum

With ASDAN, you can map a complete curriculum that supports every learner to thrive.

Our programmes offer a flexible education journey. Grounded in six core skills and our plan, do, review cycle, our courses embed reflection, self-awareness and agency. Our progression pathway curriculum maps help educators track progress and shape personalised journeys, ensuring learners achieve meaningful outcomes in education, work and life.

Scan the QR code to view more curriculum maps



“ASDAN’s courses have proven to be an invaluable resource, providing a flexible, practical, and profoundly meaningful framework that fosters both personal and academic growth.”

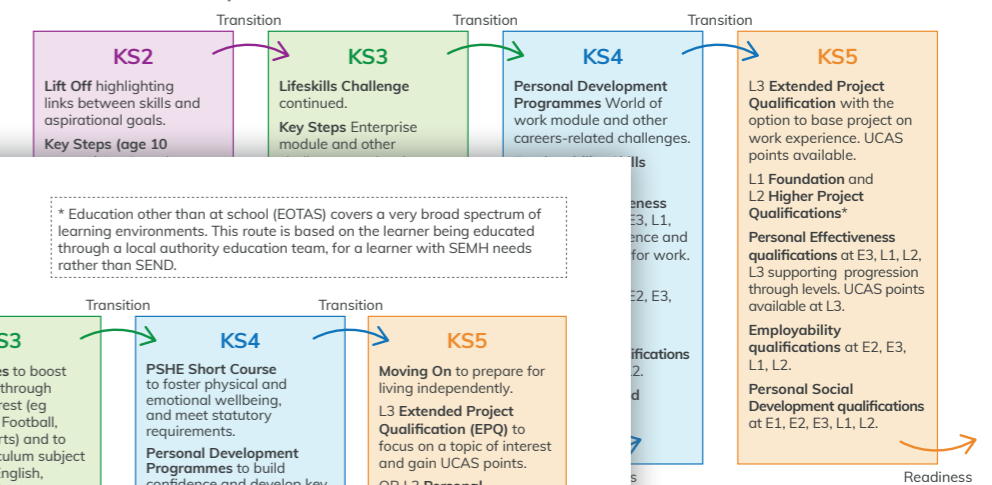
Ela Cable, Head of School, King’s Oak British International School, Romania

“Our teaching team genuinely love delivering ASDAN. The courses allow us to deep dive with students, personalise learning, and meaningfully connect tasks to life in Singapore. ASDAN’s programmes have become a valued and impactful part of our curriculum provision.”

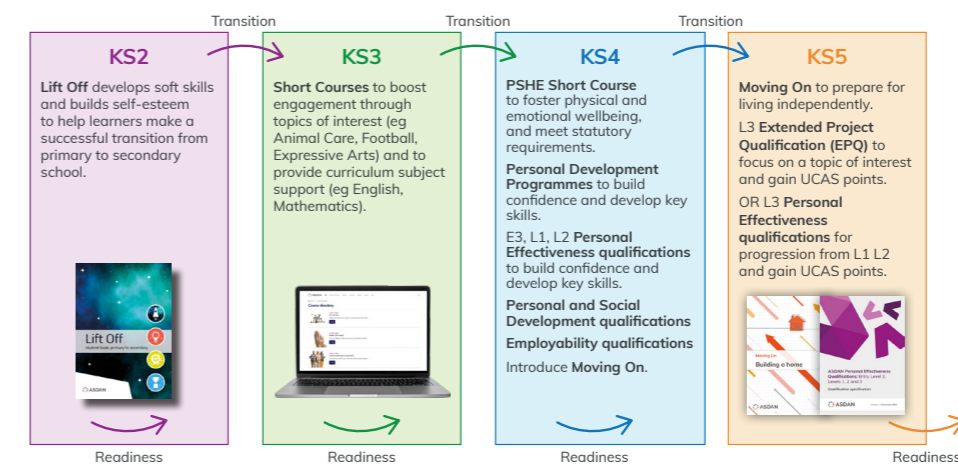
“We see these skills transfer meaningfully into other subjects and areas of school life, enriching students’ confidence, independence, and ability to engage purposefully with their learning.”

One of the greatest strengths of ASDAN is its portfolio-based approach. Our students take real pride in building evidence of their progress over time, and the portfolios provide a tangible, motivating record of their achievements. The breadth of topics within the qualifications also enables us to meet the diverse needs, interests, and abilities of our learners.”

Mainstream careers education Curriculum map from KS2 to KS5






EOTAS* Curriculum map from KS2 to KS5



Suggested routes only, can be tailored to individual learners’ needs and interests. Learners can be working at a range of levels at each Key Stage.

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Engage, elevate, empower