

**Courses to engage,  
elevate and empower**



ASDAN International

## Our mission

ASDAN is an education charity and awarding organisation on a mission to **engage, elevate and empower** learners with diverse needs.

Our regulated qualifications and accredited programmes enable learners to achieve meaningful learning outcomes, elevating them to go on to further education, training or work, and empower them to take control of their lives.

ASDAN offers a wide variety of flexible, adaptable courses for learners working at pre-Entry to Level 3. Through contextualised, real-world learning approaches, our courses provide the tools to discover and develop the personal abilities and identities of each learner and empower them to contribute meaningfully to society.



## Worldwide impact

ASDAN is changing education on a global scale, supporting thousands of education settings in over 40 countries and territories across MENA (Middle East and North Africa), APAC (Asia-Pacific) and European regions.

Each year, ASDAN supports tens of thousands of learners globally through programmes and qualifications that build confidence, uncover strengths and develop the skills needed for education, employment and life.

We amplify the voices of educators and learners to shape inclusive education. Through global partnerships, learner experiences inform policy, practice, and pathways into meaningful work.

Our internationally recognised courses challenge and support learners at all levels, equipping them with the skills and confidence to shape their futures.



## Skills are in ASDAN's DNA

ASDAN links with World Economic Forum Key Skills 2030

At the heart of ASDAN's curriculum are six core skills, each supported by complementary abilities that enrich learning.

In a world where adaptability, empathy, and resilience are critical, these six skills provide learners with a roadmap for navigating life's challenges:

- Learning
- Communicating
- Decision making
- Thinking
- Team working
- Self-Awareness

These skills are at the core of 'The ASDAN Way' – our pedagogical model that emphasises iterative, co-constructed learning, formative feedback, and learners as active agents in their own educational journeys.

Embedded in ASDAN's skills-based curriculum is the **plan, do, review** cycle – a structured yet flexible learning loop that encourages intentional learning, implementation, and reflection – a pattern found across our courses.

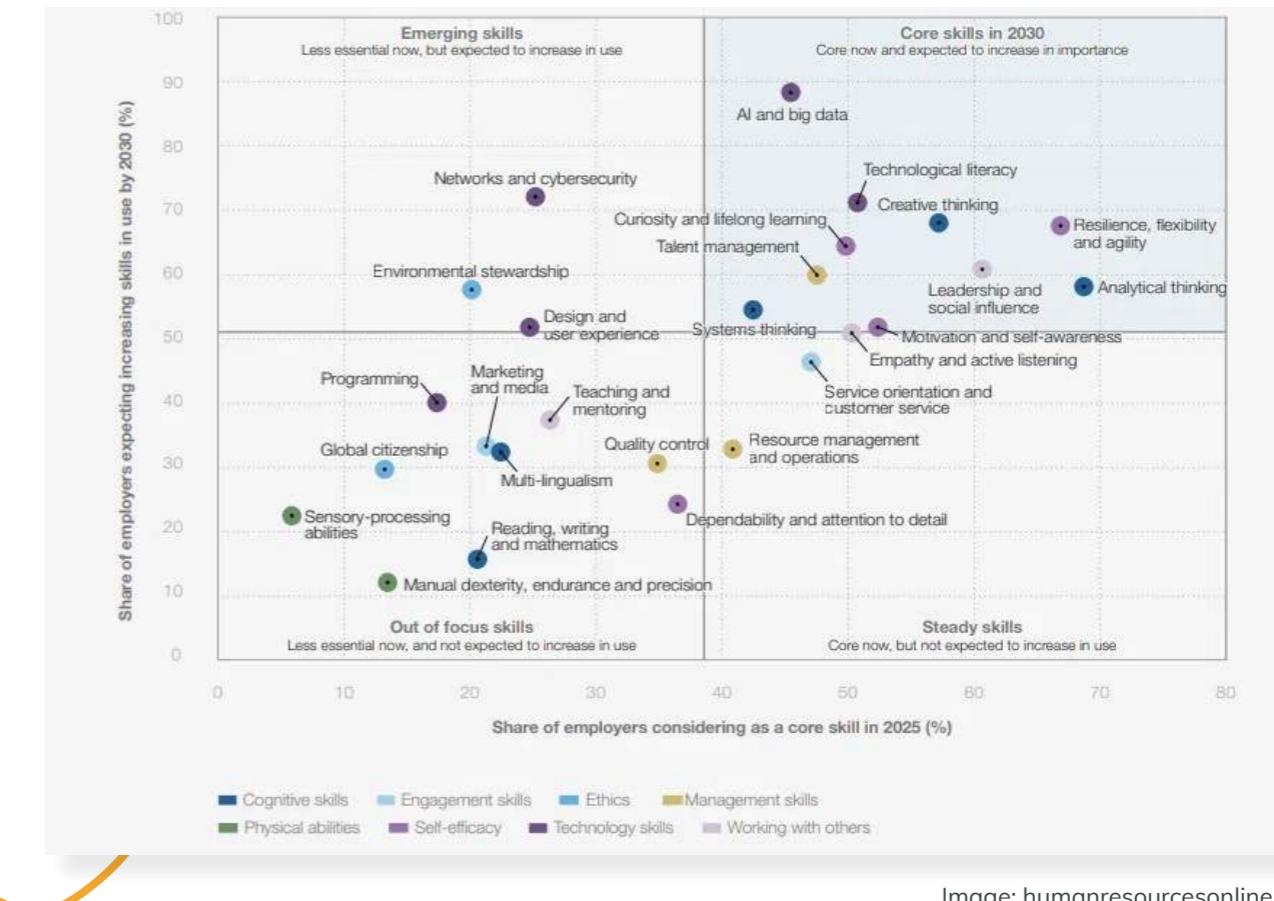
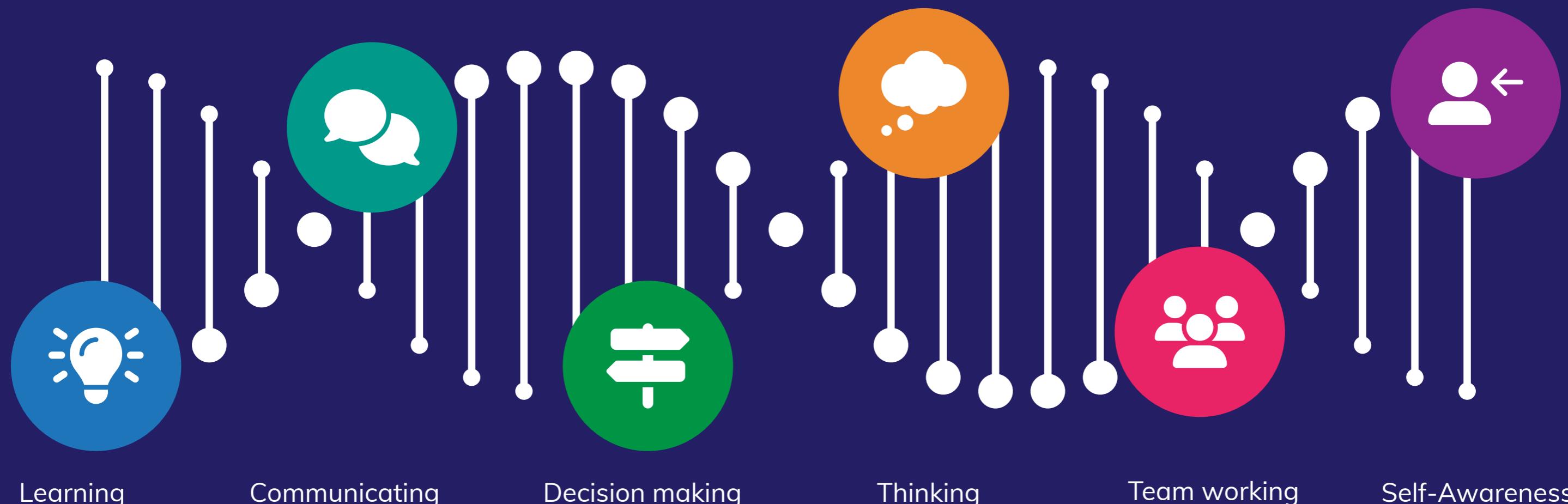


Image: humanresourcesonline.net



# Getting started

## Join our community

In order to deliver ASDAN courses, centres must first become a registered ASDAN member.

## Training and practitioner support

We offer training webinars for all our programmes and qualifications to give practitioners an introduction, guidance on how to deliver the course and the process for assessment and certification.

Bespoke INSET training can also be arranged via video conferencing or in their own country.

ASDAN courses are supported by tutor guidance, recording documents and teaching resources to help boost practitioners' confidence in delivering ASDAN and to get the very best outcomes for their learners.

For support with becoming a member and delivering ASDAN courses, contact ASDAN's international Education Development Partners.

[international@asdan.org.uk](mailto:international@asdan.org.uk)

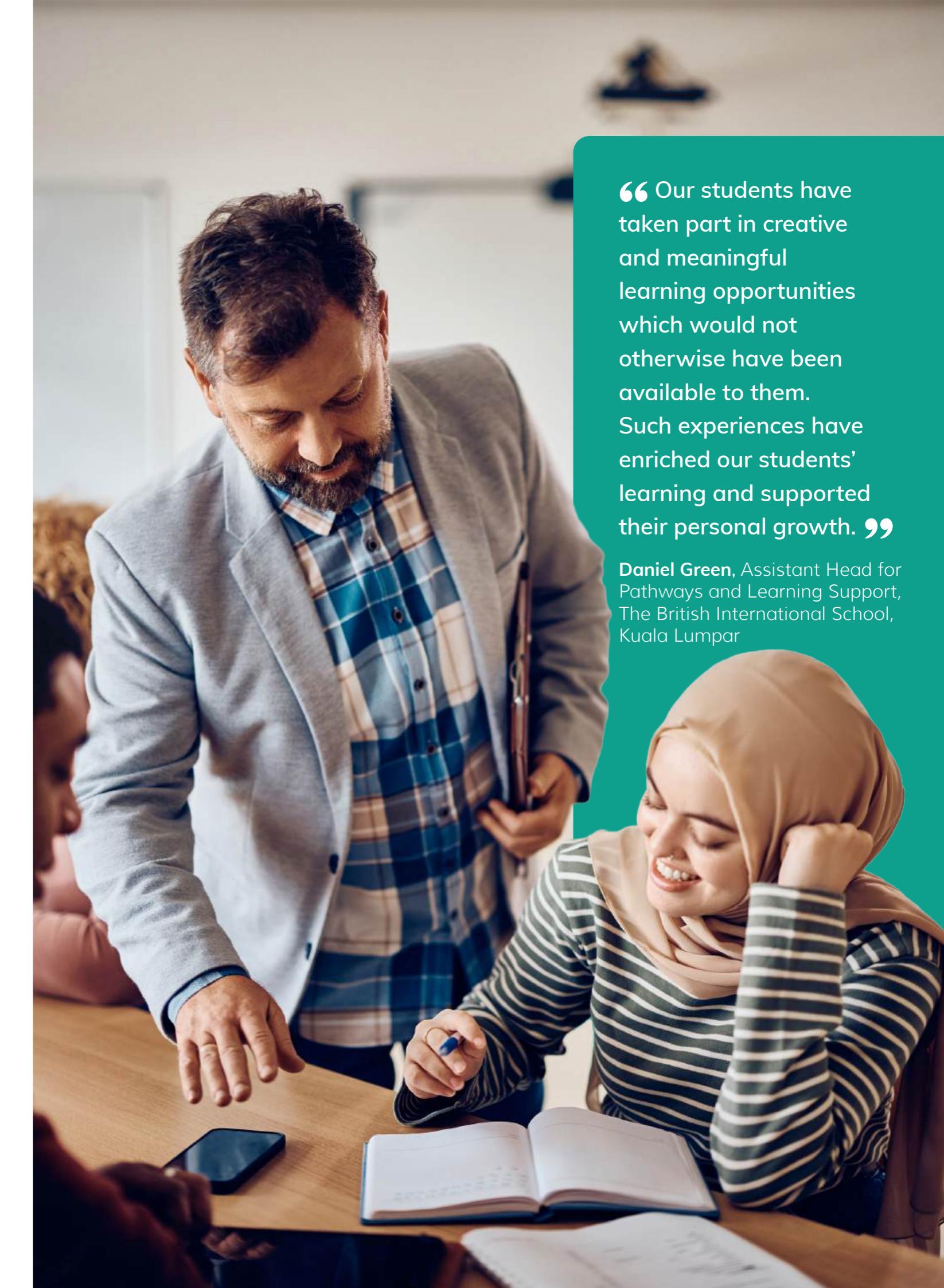
t. 44 1179548317

m. 44 7792 187763



**“** Working with ASDAN has been a highly positive experience. Their team has been consistently supportive and responsive to our needs, and their training has been both effective and collaborative, allowing us to connect with other schools. **”**

**Daniel Green**, Assistant Head for Pathways and Learning Support, The British International School, Kuala Lumpur



**“** Our students have taken part in creative and meaningful learning opportunities which would not otherwise have been available to them. Such experiences have enriched our students' learning and supported their personal growth. **”**

**Daniel Green**, Assistant Head for Pathways and Learning Support, The British International School, Kuala Lumpur

## Member spotlight

### ASDAN in action: Unlocking learner confidence and creativity

ASDAN courses have been growing in popularity in the United Arab Emirates. Teresa Parker, Learning Support Assistant at Dubai British School, explains the impact that an ASDAN course has had on Mia, a 14-year-old with special educational needs:

“Mia would be sitting on her own and what was happening in class would not engage her. She was struggling to access our curriculum, which is why we started using ASDAN’s Towards Independence – we wanted a flexible programme that could be built around Mia’s interests.”



“The guidelines help you provide a broad curriculum and you’re free to deliver the course in whatever way best meets the needs of each learner. The teaching and learning resources give you great ideas for planning and delivering activities. Towards Independence is amazing and it very much meets our needs”

“Mia is very creative and likes arts and crafts. She used the Towards Independence creative studies modules to produce artistic prints, which we displayed around the school as part of an exhibition. This activity sparked something in her and she was very proud of her work.”

“She became more comfortable with people – she was eager to present her work to anyone who was interested. To see Mia develop this confidence and happiness was amazing. Towards Independence has opened up possibilities for Mia that were not previously available.”

## Courses

### ASDAN programmes

- Lift Off
- Key Steps
- Short Courses
- Accelerating Progress (English and mathematics)
- Vocational Tasters
- International Award Programmes: Bronze/Silver
- International Award Programmes: Gold



ASDAN has a rich variety of regulated **qualifications** at Entry level to Level 3. Please contact us at: [international@asdan.org.uk](mailto:international@asdan.org.uk) if you’re interested in learning more about our qualifications.

### Preparing for Adulthood programmes

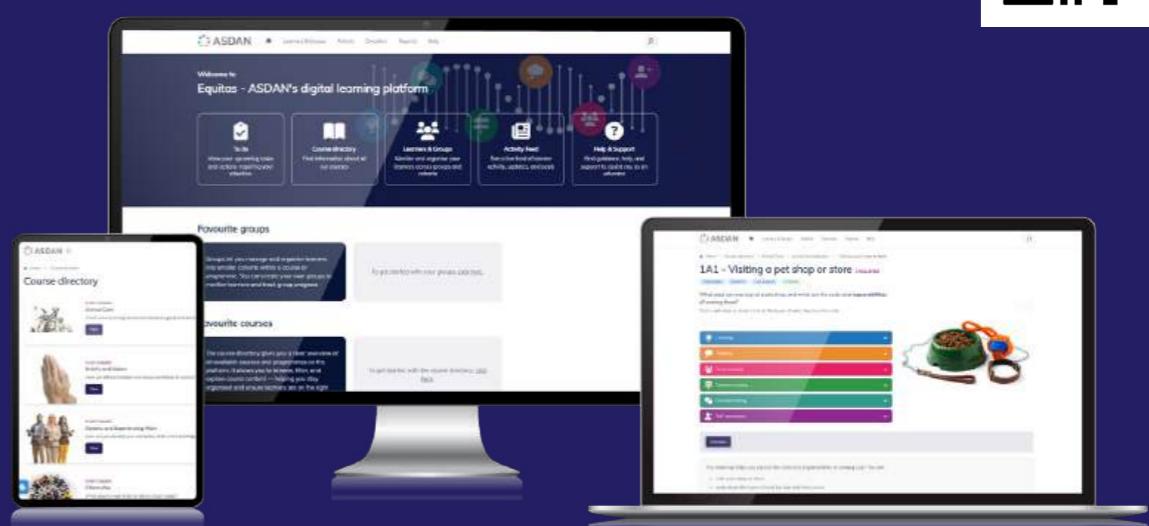
- New Horizons
- Transition Challenge: Sensory
- Transition Challenge: Introduction and Progression
- Towards Independence
- Workright
- Lifeskills Challenge

Scan the QR code to learn more about Equitas.

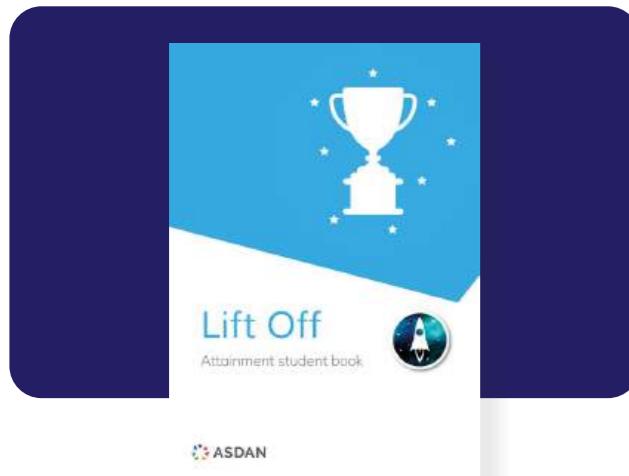


## Digital learning

A number of ASDAN courses are available to complete online and will continue to be added to our new digital learning platform, Equitas.



## Courses



### Lift Off

Lift Off is an activity-based programme that develops personal development skills and self-esteem to help learners make a successful transition from primary to secondary school.

Designed to develop learners' skills in 18 key characteristics across three modules:

- Awareness:** Strengths, Possibilities, Challenges, Routes, Information, Support
- Aspiration:** Self-worth, Self-efficacy, Self-control, Purpose, Resilience, Determination
- Attainment:** Planning, Communication, Self-improvement, Application, Collaboration, Problem solving

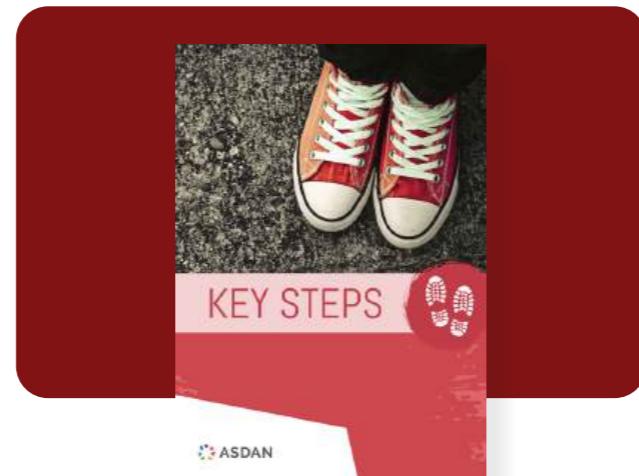
#### Age: 10-12

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

**Assessed:** Portfolio of evidence

**Student books:** They are available for each module or for the whole course.

[asdan.org.uk/lift-off](https://asdan.org.uk/lift-off)



### Key Steps

Key Steps is a flexible programme of activities, including PSHE, citizenship and enterprise, encouraging learners to develop their personal skills.

**Learners complete challenges from any of the nine modules:**

• Identity	• Personal finance
• Community	• Enterprise
• Health	• Values
• Citizenship	• International
• Environment	

## Courses



### Short Courses

Flexible and multi-level courses designed to accredit activity and skills development in a wide range of topic areas. Learners gather a portfolio of evidence to support their activities over 10–60 hours.

#### Selected Short Course titles

- Adventure and Residential
- Animal Care
- Sports and Fitness
- Football
- ESports ★ NEW for 2026
- Leadership
- Environmental
- Gardening
- Beliefs and Values
- Citizenship
- English
- Mathematics
- PSHE
- Expressive Arts
- FoodWise
- Volunteering
- Accelerating Progress (English and mathematics)

#### Age: 10-14

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

**Assessed:** Portfolio of evidence, skills sheets, personal statement

**Digital option:** Available as a student book and online

[asdan.org.uk/key-steps](https://asdan.org.uk/key-steps)

#### Age: 13+

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

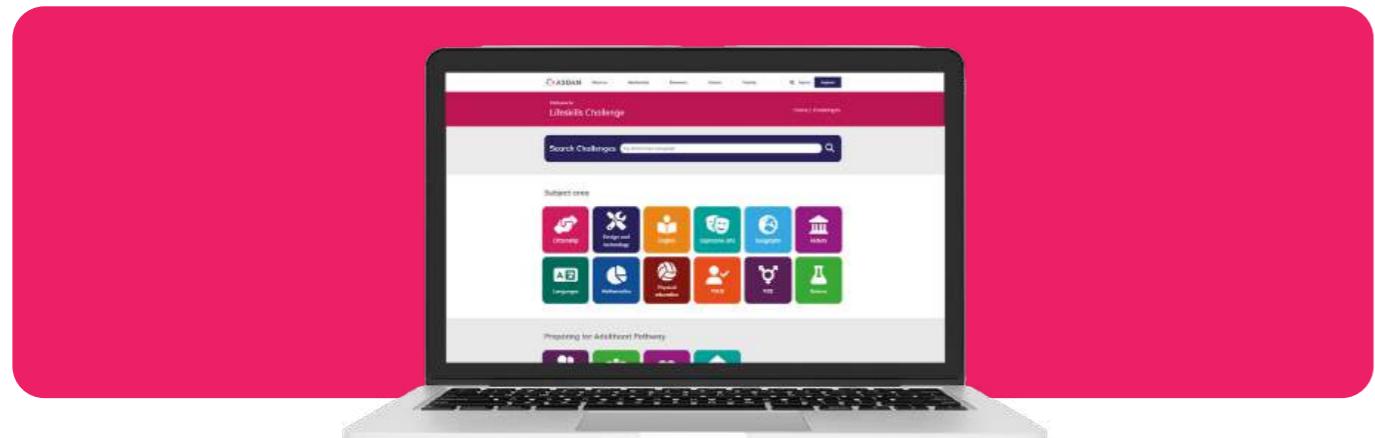
**Assessed:** Portfolio of evidence

**Digital option:** Available as a student book and online

[asdan.org.uk/short-courses](https://asdan.org.uk/short-courses)

Scan the QR code  
to view all 31 Short  
Courses:





### Lifeskills Challenge

This online bank of challenges offers the opportunity to create a personalised curriculum, meeting the individual needs of learners working from pre-Entry to Level 3. It covers an expansive range of topics including expressive arts, teamwork, PSHE, computing, numeracy and media.

Tutors can choose to write and submit their own challenges.

Challenges are grouped into the four Preparing for Adulthood pathways::

- Employment
- Independent living and housing
- Good health
- Friends, relationships and community

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

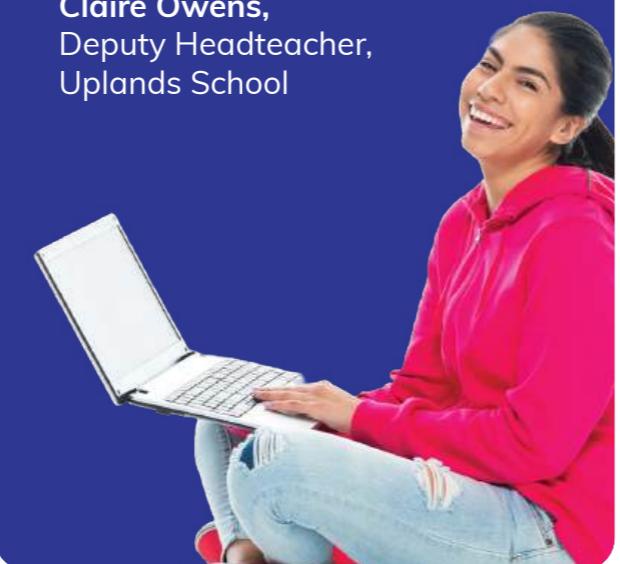
**Assessed:** Portfolio of evidence

**Fully digital**

[asdan.org.uk/lifeskills-challenge](http://asdan.org.uk/lifeskills-challenge)

**“ You can do anything with Lifeskills Challenge. The flexibility has allowed us to tailor the learning experience to the unique interests and abilities of each student. It puts learners at the centre and that's what we believe in. Everyone has embraced it, and we couldn't be happier with the results. ”**

**Claire Owens,**  
Deputy Headteacher,  
Uplands School



### International Bronze/Silver

These popular activity-based courses provide imaginative ways to develop learners' personal, social and employability skills through a personalised curriculum of challenges.

Learners choose challenges from 12 modules:

• Information handling	• Number handling
• The community	• Health and survival
• Sport and leisure	• World of work
• Home management	• Technology
• The environment	• The wider world
	• Expressive arts
	• Beliefs and values

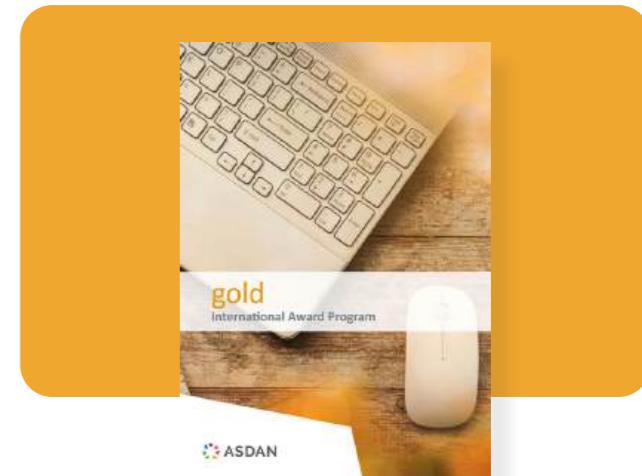
**Age:** 14–16 working at Entry level (Bronze, Silver) and Level 1 (Silver)

**Certification:** Externally quality assured and certificated by ASDAN.

**Assessed:** Portfolio of evidence

**Digital option:** Available as a student book and online

[asdan.org.uk/international-bronze-silver-and-gold-awards/](http://asdan.org.uk/international-bronze-silver-and-gold-awards/)



### International Gold

A continuation from Bronze/Silver, the Gold accredits 120 hours of activity-based learning worth 12 credits.

Learners choose challenges from 12 modules:

• Information transmission	• Healthy living
• The community	• Work-related activities
• Sport and leisure	• Science and technology
• Independent living	• International links
• Economic and consumer issues	• Expressive arts
• Handling numbers	• Beliefs and ethics

**Age:** 16+

**Certification:** Externally quality assured and certificated by ASDAN.

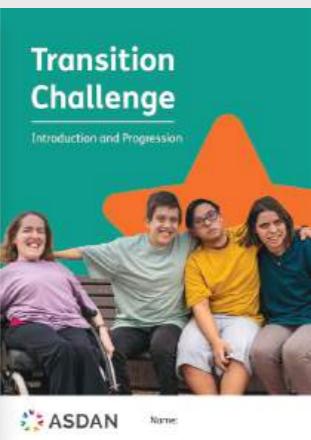
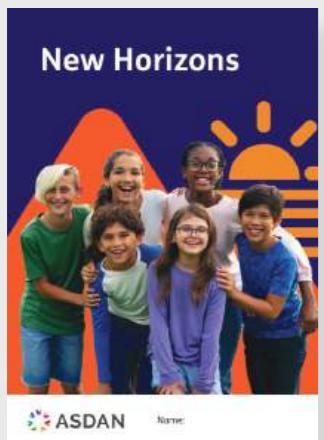
**Assessed:** Portfolio of evidence

**Digital option:** Available as a student book and online

[asdan.org.uk/international-bronze-silver-and-gold-awards/](http://asdan.org.uk/international-bronze-silver-and-gold-awards/)

## Preparing for Adulthood programmes

1



ASDAN's Preparing for Adulthood programmes are designed for learners with moderate, severe, complex and profound multiple learning difficulties.

This range of nationally recognised, certificated programmes provides a real-life context to reward achievement and foster the personal, social and work-related abilities of all learners, supporting progression, confidence and independence.

Our Preparing for Adulthood suite of programmes are adaptable to meet individual needs and interests, supporting personalised

learning pathways and creating meaningful, aspirational outcomes for learners with diverse needs across education, employment and adult life.

There are four programmes:

- New Horizons
- Transition Challenge
- Towards Independence
- Workright

Find out more at: [asdan.org.uk/preparing-for-adulthood-programmes-send](http://asdan.org.uk/preparing-for-adulthood-programmes-send)

## Courses

2



### New Horizons

An activity-based curriculum supporting the delivery of PSHE, citizenship and careers education. Activities provide opportunities to develop communication and numeracy skills in a life skills setting.

New Horizons contains five modules:

- Personal
- Social
- Health
- Citizenship
- Relationships

**Age:** 9-13

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

**Assessed:** Portfolio of evidence

[asdan.org.uk/new-horizons](http://asdan.org.uk/new-horizons)

### Towards Independence

Towards Independence accredits personal, social, work-related and independent living skills for learners with SEND working towards Entry Level 1 to Entry Level 3.

88 modules available, including sensory options for learners with PMLD (profound and multiple learning difficulties).

With 88 modules on an expansive range of topics, this programme offers formal recognition for small steps of personal achievement towards individual goals for adults and learners preparing for adulthood.

**Age:** 14+ and adult

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

**Assessed:** Portfolio of evidence

[asdan.org.uk/towards-independence](http://asdan.org.uk/towards-independence)

“ ASDAN is a vital part of our school curriculum and offers a wealth of options and resources to support our students' passions, strengths and learning levels. ”

**Lesley Berridge**, Teacher at International School of Geneva



## Courses



### Transition Challenge

Transition Challenge offers a learner-centred, activity-based curriculum. This programme is available at two levels:

#### Sensory

Offers a developmental perspective for learners with PMLD and rewards every step of learning and achievement. Transition Challenge: Sensory contains four modules:

- Communication and Interaction
- Cognition
- Physical
- Self-help and Independence

**Age:** 14-16+

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

**Assessed:** Portfolio of evidence

[asdan.org.uk/transition-challenge](http://asdan.org.uk/transition-challenge)

#### Introduction and Progression

Provides a framework of activities linked to curriculum subjects. It develops learners' independent living and personal skills through five modules:

- Knowing how
- Making choices
- Feeling good
- Moving forward
- Taking the lead



## Courses



### Workright

Workright provides a framework to develop a range of basic transferable employability skills. It can be used in a variety of settings.

The Workright student book contains four modules:

- Health and safety in the workplace
- Responsibilities in the workplace
- Working with others
- You at work

The learner is required to demonstrate the knowledge or skills while on a work-based or work experience programme.

**Age:** 14+ and adult

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed. Silver and Gold certification available.

**Assessed:** Portfolio of evidence

[asdan.org.uk/workright](http://asdan.org.uk/workright)



### Accelerating Progress (English and mathematics)

These programmes support learners in building the essential skills needed to make progress in English and mathematics at GCSE. Written by practitioners experienced in helping learners pass GCSEs, Accelerating Progress provides a fresh approach to GCSEs in order to re-engage and motivate learners.

**Age:** 14-16+

**Certification:** Internally quality assured. Claim certificates from ASDAN as PDF or printed.

**Assessed:** Portfolio of evidence

**Digital option:** Available as a student book and online

[asdan.org.uk/accelerating-progress](http://asdan.org.uk/accelerating-progress)

## Member spotlight

### ASDAN in action: Transforming skills and building independence through meaningful learning

Holly Manning, a teacher at Dover Court International School in Singapore, shares how ASDAN programmes have empowered learners:

"ASDAN's programmes have had a transformative impact on our learners, providing the time and structure for students to explicitly develop key skills that fast-paced mainstream curricula often do not allow."



“Our teaching team genuinely love delivering ASDAN. The courses allow us to deep dive with students, personalise learning, and meaningfully connect tasks to life in Singapore. ASDAN's programmes have become a valued and impactful part of our curriculum provision. ”

"We see these skills transfer meaningfully into other subjects and areas of school life, enriching students' confidence, independence, and ability to engage purposefully with their learning."

One of the greatest strengths of ASDAN is its portfolio-based approach. Our students take real pride in building evidence of their progress over time, and the portfolios provide a tangible, motivating record of their achievements. The breadth of topics within the qualifications also enables us to meet the diverse needs, interests, and abilities of our learners."

## Mapping your curriculum

With ASDAN, you can map a complete curriculum that supports every learner to thrive.

Our programmes offer a flexible education journey. Grounded in six core skills and our plan, do, review cycle, our courses embed reflection, self-awareness and agency. Our progression pathway curriculum maps help educators track progress and shape personalised journeys, ensuring learners achieve meaningful outcomes in education, work and life.

Scan the QR code to view more curriculum maps

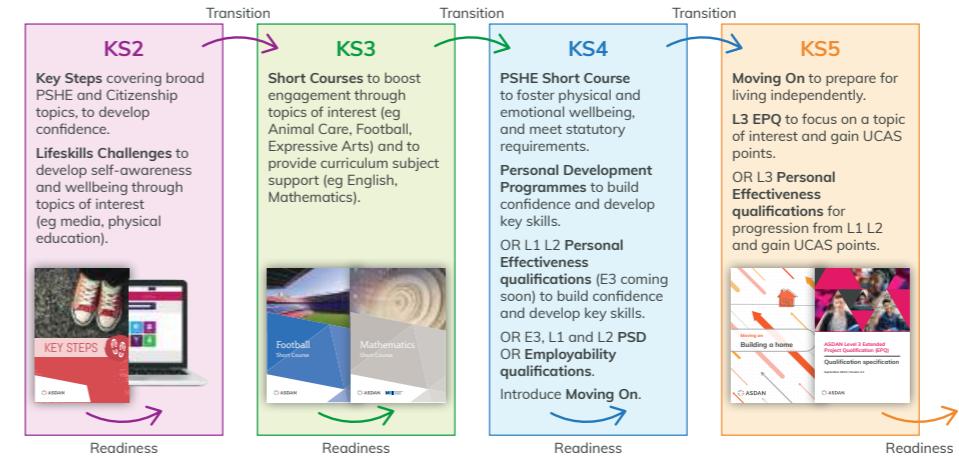


### Virtual school\* Curriculum map from KS2 to KS5

\* Assuming that the learner is also attending school or training provision. Programmes only, as not all children's homes will meet the regulatory requirements to deliver qualifications.

### EOTAS\* Curriculum map from KS2 to KS5

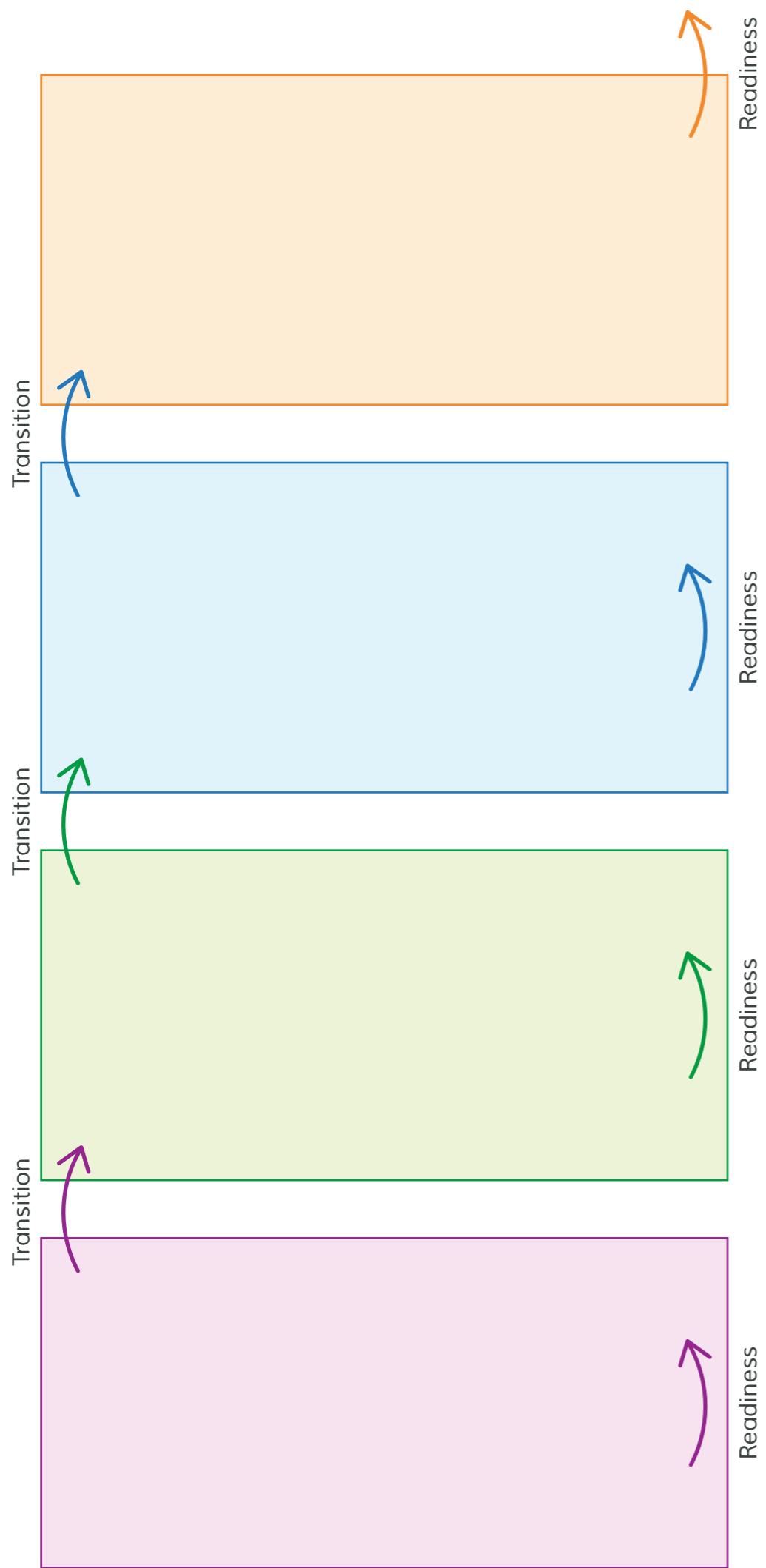
\* Education other than at school (EOTAS) covers a very broad spectrum. This route is based on the learner being educated through a local authority education team, for a learner with SEMH needs rather than SEND.



Suggested routes only, can be tailored to individual learners' needs and interests. Learners can be working at a range of levels at each Key Stage.

“ASDAN's courses have proven to be an invaluable resource, providing a flexible, practical, and profoundly meaningful framework that fosters both personal and academic growth. ”

**Ela Cable**, Head of School, King's Oak British International School, Romania



Suggested routes only, can be tailored to individual learners' needs and interests. Learners can be working at a range of levels at each Key Stage.

# ASDAN

## Notes

**Contact us**  
0117 941 1126  
[international@asdan.org.uk](mailto:international@asdan.org.uk)  
[asdan.org.uk](http://asdan.org.uk)

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