# Transition Challenge

## Sensory

ASDAN

Name:

# Contents

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## Cognition
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# 👋 Welcome

Transition Challenge: Sensory is made up of **four** modules:

- 👁️ Communication and interaction
- 💬 Cognition
- 🚶 Physical
- 👥 Self-help and independence

In each module, you need to complete at least **five** activities. Each module can be individually certificated, or you can complete all four modules and receive a gold certificate of achievement.

For each activity, there is a list of examples to help you decide what to do. You or your tutor can tick the circle to show which activities you have done.

Unless otherwise stated, you only need to do one of the examples but you can do others if you want to.

You can also choose something different to the list of examples. It is important that your tutor writes what you have done in the space provided and this must be in keeping with the described activity. In each module you will also see an **Open activity**. This means that you and your tutor can decide what you will do. However, the activity you choose to do must follow the theme of the module.

After you have completed the activity, you may want to extend the work you have done, so you can choose to do the extension activity.

**The activities will ask you to respond to or show things. You can do this by vocalising, pointing with your eyes, using a communication aid or by talking/signing.**

# 👤 How I communicate

ℹ️ **Hints and tips:** Images on pages 15, 17 and 19 can be used here or a photo of your learner communicating and any equipment they use.

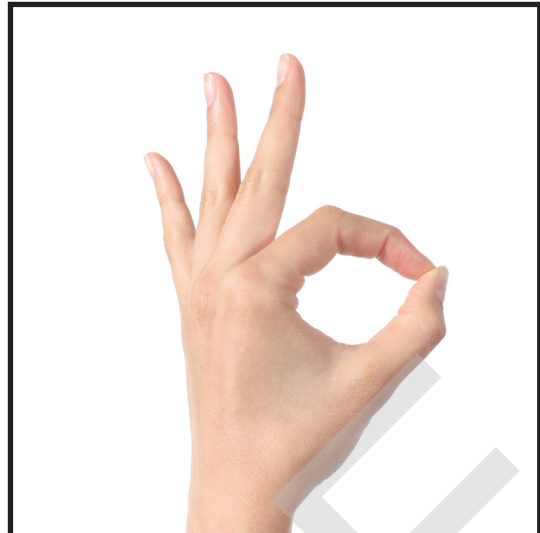💡 **Idea:** You can either cut out the images or download our digital versions from our website: **asdan.org.uk/transition-challenge** under **Course Resources** at the bottom of the page.
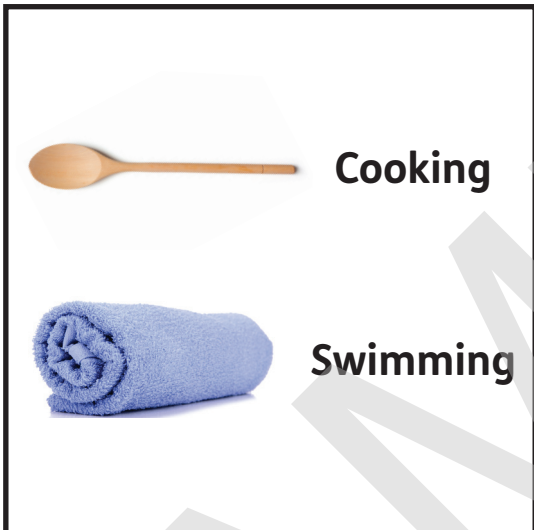
🖼️ ✏️

**Other important things about my communication:**
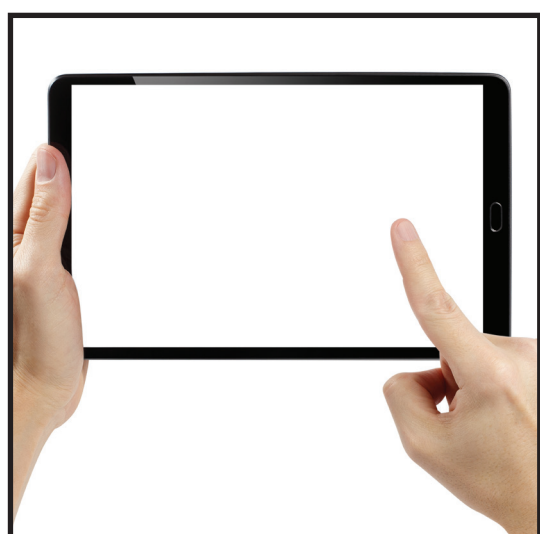
**Use of symbols**



**Signing**



Cooking

Swimming

**Objects of reference**



**Communication switches**



A B C
1 2 3

D E F
4 5 6

Space

**E-tran frame**



**Using a tablet**

# Record of activities

To complete a module, you must finish at least **five** of the ten activities.

The **Module reflection** and the **level of support** most frequently used in this section are **mandatory** requirements for completing a module.

- **Silver certification**
  Learners must have completed **one or more** modules.

**Gold certification**
Learners must have completed **all four** modules.

Tick (✔) to show which sections you have completed.

## Communication and interaction

| Activity 1 | | Activity 6 | |
| Activity 2 | | Activity 7 | |
| Activity 3 | | Activity 8 | |
| Activity 4 | | Activity 9 | |
| Activity 5 | | Activity 10 | |

Module reflection ☐

Level of support most frequently used in this section: ◯

Date completed:

## Cognition

| Activity 1 | | Activity 6 | |
| Activity 2 | | Activity 7 | |
| Activity 3 | | Activity 8 | |
| Activity 4 | | Activity 9 | |
| Activity 5 | | Activity 10 | |

Module reflection ☐

Level of support most frequently used in this section: ◯

Date completed:

# Record of activities

## Physical

| | | | |
|---|---|---|---|
| Activity 1 | | Activity 6 | |
| Activity 2 | | Activity 7 | |
| Activity 3 | | Activity 8 | |
| Activity 4 | | Activity 9 | |
| Activity 5 | | Activity 10 | |

**Module reflection**

Level of support most frequently used in this section:

**Date completed:**

## Self-help and independence

| | | | |
|---|---|---|---|
| Activity 1 | | Activity 6 | |
| Activity 2 | | Activity 7 | |
| Activity 3 | | Activity 8 | |
| Activity 4 | | Activity 9 | |
| Activity 5 | | Activity 10 | |

**Module reflection**

Level of support most frequently used in this section:

**Date completed:**

## Level achieved:

**Silver certification** ☐

**Gold certification** ☐

Please tick this box to confirm that the 'My achievements' page (page 136-137) has been completed. ☐

Learner signature:

Tutor/supervisor signature:

Date:

Show you can engage in community activities. ☐

**For example:**

- visiting a café
- visiting a park
- visiting a shop
- visiting a sports centre or swimming pool
- other

optional

**Optional extension activity:**

Share with other people your favourite or a preferred place to visit. ☐

# ✎ Record box

**Comments**: Tutor/supervisor/learner
**(This does not replace the evidence)**

optional

**Level or chosen descriptor from centre's preferred assessment method:**

optional

**Subject area:**

**Level of support:**

mandatory

**Skills:**

mandatory

**Evidence ref:**

mandatory

**Tutor/assessor signature**

mandatory

**Date:**

mandatory

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## Cognition

9. Problem solving

| | |
|---|---|
| **Show you can try something new when a familiar action does not work.** | ☐ |

**For example:**

- stop repeating or increasing the effort of the familiar action when there is no effect
- using a different action which is used for something else
- exploring the object for other options
- using a new strategy or action
- acting to engage help from a familiar adult
- other

*optional*

**Optional extension activity:**

| | |
|---|---|
| Engage in different activities which involve trial and error before finding success. | ☐ |

# ✏ Record box

**Comments**: Tutor/supervisor/learner
**(This does not replace the evidence)**

optional

Level or chosen descriptor from centre's
preferred assessment method:

optional

Subject area:

Level of support:

mandatory

Skills:

mandatory

Evidence ref:

mandatory

Tutor/assessor signature

mandatory

Date:

mandatory

# Self-help and independence

5. Selecting different clothing

| | |
|---|---|
| Show that you can select clothing for different occasions. | ☐ |
| **For example:**<br><br>• cooperate when choosing clothing for an indoor activity<br><br>• cooperate when choosing clothing for an outdoor activity<br><br>• cooperate when choosing clothing for a sensory or sporting activity<br><br>• show you know what to wear in cold, wet or hot weather<br><br>• other | |

optional

**Optional extension activity:**

| | |
|---|---|
| With help, choose the right clothing for two different occasions. | ☐ |

# ✏ Record box

**optional**

**Comments**: Tutor/supervisor/learner
**(This does not replace the evidence)**

**optional**

**Level or chosen descriptor from centre's preferred assessment method:**

**Subject area:**

| Level of support: | Skills: | Evidence ref: |
|---|---|---|
| mandatory | mandatory | mandatory |

| Tutor/assessor signature | Date: |
|---|---|
| mandatory | mandatory |

# 🔍 Module reflection

This section is for you to share your experience of the module.

| I **liked**: | I **didn't like**: |
|:---:|:---:|
| 🖼️ ✏️ | 🖼️ ✏️ |

# 🔍 Module reflection

💡 **Idea:** You can write, draw, use the skills stickers here, or put a photo of yourself using a skill. If your centre has their own set of skills, this space can be used to reference these.

## The **skill(s)** I showed:

✏️

💡 **Idea:** You can download the digital version from our website: **asdan.org.uk/transition-challenge** under **Course resources** at the bottom of the page.

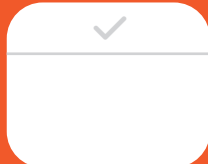# My achievements

I have successfully **completed** the following modules:

## Communication and interaction

How much did I **enjoy** it? ✏

## Cognition

How much did I **enjoy** it? ✏

# My achievements

## Physical

How much did I **enjoy** it? ✏

🙂 😐 ☹

## Self-help and independence

How much did I **enjoy** it? ✏

🙂 😐 ☹

## I have achieved:

**Silver certification** ☐    **Gold certification** ☐

Learner signature:

Tutor/supervisor signature:        Date:

💡 **Idea:** You can download the digital version from our website: **asdan.org.uk/transition-challenge** under **Course resources** at the bottom of the page.