

Personal Development Programmes

Engage and motivate learners through a personalised curriculum for young people aged 13+ working at Entry level 3 to Level 1



Who are ASDAN?

ASDAN is an education charity and awarding organisation that engages, elevates and empowers learners with diverse needs.

We provide courses, accredited curriculum programmes and regulated qualifications. Our goal is to **engage** learners through relevant and motivating courses to achieve meaningful learning outcomes, which **elevate** them to progress to further education, training and work, and **empower** them to take control of their lives.

Personal Development Programmes

This broad, activity-based course has a track record in developing learners' personal, social and employability skills.

Benefits

- ✓ Boost learners' confidence by helping them recognise and develop their personal qualities and abilities
- ✓ Empower students by giving them ownership of their learning
- ✓ Broaden learners' experiences through a wide range of challenges
- ✓ Reward achievement through certification for 60, 120 and 180 hours of learning
- ✓ Structure activities inside and outside of school with ready-made curriculum



Key features

ASDAN's Personal Development Programmes offer imaginative ways of developing, recording and certificating young people's personal qualities, abilities and achievements.

The course will introduce learners to a wide range of new activities and challenges, and features self-assessment tools for young people to reflect on their learning.



★ ★ ★
Bronze Silver Gold
Personal Development Programmes
Student book



Name:

Module 1 Communication

1A1: Take part in a group discussion

Take part in a group discussion and present the main points raised.

Topic: _____

Different points raised: _____

Sign off: Evidence ref: _____ Verified by: _____ Date: _____

1A5: Find out how to use a piece of equipment

Find out how to use a piece of equipment or make something.

Give signed or verbal instructions on how to do this.

Sign off: Evidence ref: _____ Verified by: _____ Date: _____

1A6: Create an informative poster or leaflet

Create a poster or leaflet that provides information or instructions for another person. Ask them to give you feedback on how useful they found it.

Sign off: Evidence ref: _____ Verified by: _____ Date: _____

Ability to learn	<input type="checkbox"/>
Teamwork	<input type="checkbox"/>
Problem solving	<input type="checkbox"/>
IT skills	<input type="checkbox"/>
Literacy	<input type="checkbox"/>
Numeracy	<input type="checkbox"/>

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In figures

Personal Development Programmes comprise:

- **13 modules** including Communication, World of work, Science and technology
- **192 engaging and creative challenges** that can be adapted for every learner
- **more than 60** teaching and learning resources

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ASDAN's Personal Development Programmes have allowed us to embed learners' personal goals and interests into their timetable and have also raised students' attainment in core subjects.

Elise Howe
ASDAN Instructor, Wings School Notts

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Find out more

Visit asdan.org.uk/personal-development-programmes to download free sample copies of resources and to read more about the programme.



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