

Notional learning hours	10
Level	Entry 3
Subject area	Design and technology
Preparing for Adulthood pathway	Good health; Independent living and housing
Vocational area	Health and social care
Skill	Literacy; Problem solving
Learning aim	The learner will be able to design, plan, prepare and evaluate their own healthy smoothie.
Learning context	Group and/or 1-1 discussions, researching skills, mathematical skills, practical activities, observation of health and safety practices and 200 word evaluation summary report.

Learning outcomes	Assessment criteria
What the learner needs to know, understand or be able to do. The learner will:	What the learner needs to demonstrate in order to meet the learning outcome. The learner can:
<p>1 Be able to state the health benefits of ingredients used to create a smoothie.</p> <p>2 Be able to calculate the cost of ingredients for the recipe.</p>	<ul style="list-style-type: none">Identify two healthy smoothie recipes they would like to makeList the ingredients required for each smoothie recipeState at least two health benefits for each of the ingredients <ul style="list-style-type: none">Choose one smoothie recipe to prepareState the method required for making the recipeCalculate the cost of ingredients for the recipe

Learning outcomes What the learner needs to know, understand or be able to do. The learner will:	Assessment criteria What the learner needs to demonstrate in order to meet the learning outcome. The learner can:
3 Be able to identify health and safety practices when making a smoothie.	<ul style="list-style-type: none"> Explain at least three health and safety practices which need to be carried out when making a smoothie
4 Be able to safely prepare the chosen smoothie.	<ul style="list-style-type: none"> Prepare the chosen smoothie using the chosen method Demonstrate safe practice when making the smoothie Tidy up afterwards and clean the work area
5 Be able to produce an evaluation summary of the healthy smoothie project.	<ul style="list-style-type: none"> Identify at least two things that went well and state why Identify two areas where their skills can be developed and state why State whether they would recommend the smoothie to other people and if not, why not Produce an evaluation summary in a chosen format

Assessment methodology	Linked to learning outcomes
Record of oral questioning	3
Observation checklist	4
Labelled product, video or photographic evidence	1 2 5