

New Horizons



ASDAN

Name: _____

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Module 2: Social (S1-S8)

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Module 5: (KS3) Relationships, changes and feelings (R1-R8)

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Hint and tips: Tutor/assessor to lead your learner through relevant information.

You are starting a programme called:

New Horizons

In doing the activities in this programme, you will be asked to:

- say
- show
- choose
- make

You can say things by talking or signing, or by using any other means to let someone know what you want to say.

You can choose and show things by using:

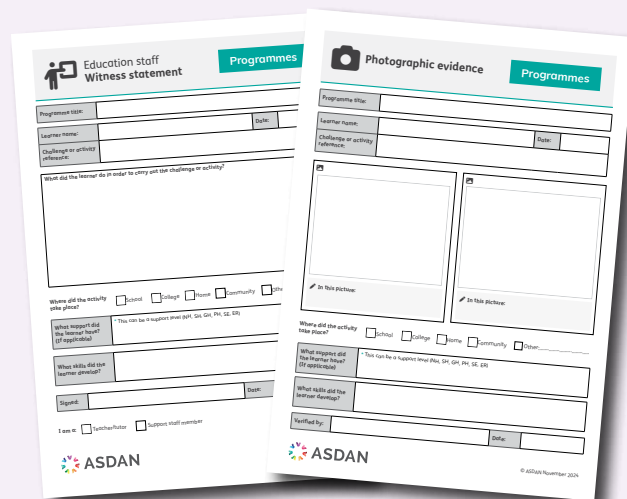
- pictures
- digital recording
- photographs
- computer
- other means

or by telling someone else so they can help you write it down. You can have as much help as you need, all the way through.

As you complete each activity, you or your tutor can tick ✓ the box shown alongside the activity and the corresponding box on the **Record of activities** page.

When you have finished a module, remember to complete the **Module reflection** and **My chosen activity**.

To complete a module, you will need to complete **at least three** sections.



Hint and tips: You can download different evidence templates from our website: asdan.org.uk/new-horizons under **Course resources** at the bottom of the page. These may be helpful to capture different types of evidence.

Levels of support

Ask your tutor to talk to you about these:



NH: No Help

You can do things on your own



SH: Spoken/Signed Help

You are helped by someone speaking or signing suggestions to you



GH: Gestural Help

You are helped by someone using hand signals or other gestural prompts



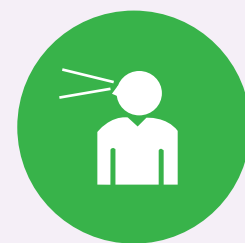
PH: Physical Help

You are helped by someone holding you and/or helping you to move



SE: Sensory Experience

You are given the opportunity of being involved through a sensory experience, eg hearing, touch, sight or taste



ER: Experience Recorded

You are provided with an experience of the activity but are unable to take part

i Hints and tips: To be completed by the learner and tutor. If you have a similar document you use in your centre, this can replace pages 12 and 13.

Tick this box if you have placed an alternative one-page profile into the learner's portfolio.

☐

My name:



I don't need help with...



Support me to...



☐ communicate

☐ work with others

Other.....

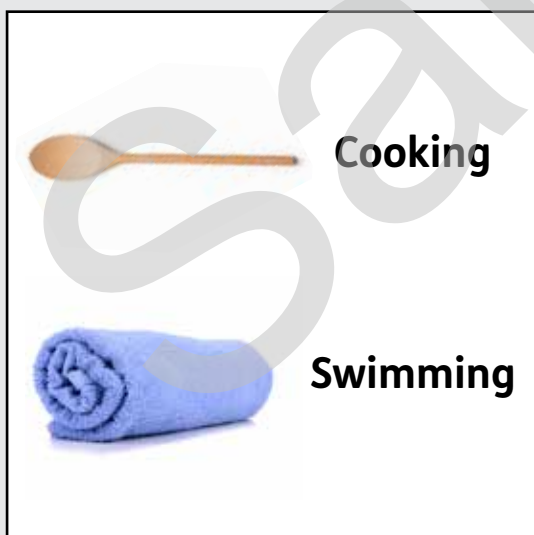
Other.....



Use of symbols



Signing



Objects of reference



Communication switches



P1 Personal details



Show:

mandatory

Your name	<input type="checkbox"/>
-----------	--------------------------

Your contact information	<input type="checkbox"/>
--------------------------	--------------------------

Your age/date of birth	<input type="checkbox"/>
------------------------	--------------------------

Other	<input type="checkbox"/>
-------	--------------------------

OR

Alternative activity (more accessible):

With support, collect information on your personal details. Share your information with a trusted adult.	<input type="checkbox"/>
---	--------------------------

optional

Extension activity:

Show a way to keep personal information safe.	<input type="checkbox"/>
---	--------------------------

i Hints and tips: To be completed by the tutor/assessor. Guidance can be found on page 7.

Comments: tutor/supervisor/learner (This does not replace the evidence)	optional
--	----------

Level or chosen descriptor from centre's preferred assessment method:	optional
Subject area:	

Level of support:	Skills:	Evidence ref:
mandatory	mandatory	mandatory

Tutor/assessor signature	Date:
mandatory	mandatory

H6 Wellbeing



Show:

mandatory

Show some things you can do to help you regulate or feel calm and relaxed.

☐

For example:

- talking to a trusted adult or friend
- drawing
- arts and crafts
- spending time with people who are special to you
- listen to music
- going for a walk
- using fidget toys
- finding items you like
- other

OR

Alternative activity (more accessible):

With support, try an activity that might help you feel calm and relaxed.

☐

optional

Extension activity:

Try something new to help you regulate or feel calm and relaxed.

☐

i Hints and tips: To be completed by the tutor/assessor. Guidance can be found on page 7.

Comments: tutor/supervisor/learner (This does not replace the evidence)	optional
---	----------

Level or chosen descriptor from centre's preferred assessment method:	optional
Subject area:	

Level of support:	Skills:	Evidence ref:
mandatory	mandatory	mandatory

Tutor/assessor signature	Date:
mandatory	mandatory

R7 Understanding feelings



Show:

mandatory

Show how your body might feel when you have good or positive feelings.	<input type="checkbox"/>
For example: <ul style="list-style-type: none">• happy• excited• surprise• calm• silly• other	
Show how your body might feel when you have bad or uncomfortable feelings.	<input type="checkbox"/>
For example: <ul style="list-style-type: none">• unhappy• upset• sorry• annoyed• angry• other	

OR

Alternative activity (more accessible):

With support, explore different facial expressions or body language that show different emotions/feelings.	<input type="checkbox"/>
--	--------------------------

optional

Extension activity:

Show different signals or expressions that help us understand how others might be feeling.	<input type="checkbox"/>
--	--------------------------

i Hints and tips: To be completed by the tutor/assessor. Guidance can be found on page 7.

optional

Comments: tutor/supervisor/learner
(This does not replace the evidence)

optional

**Level or chosen descriptor from centre's
preferred assessment method:**

Subject area:

Level of support:

mandatory

Skills:

mandatory

Evidence ref:

mandatory

Tutor/assessor signature

mandatory

Date:

mandatory


This section is for you to share your experience of the module.

I liked:

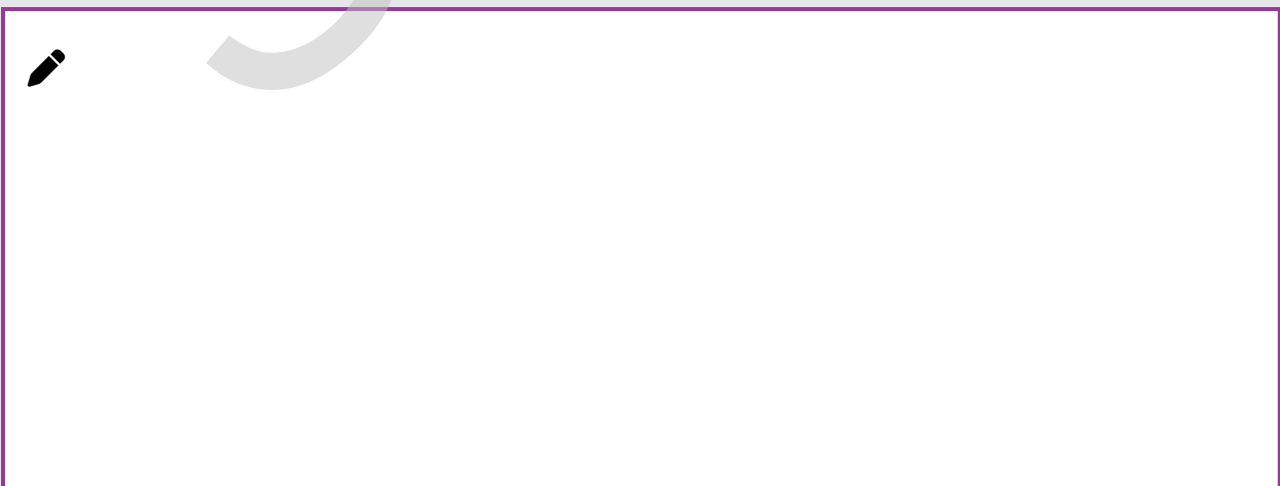



I didn't like:



 **Idea:** You can write, draw, use the skills stickers or put a photo of you using a skill. If your centre has their own set of skills, this space can be used to reference these.

The **skill(s)** I showed:



 **Idea:** You can download the digital version from our website: asdan.org.uk/new-horizons under **Course resources** at the bottom of the page.

Section/activity review

optional

i Hints and tips: This can be used after any section or activity as a formative review document and placed in the **portfolio of evidence** at these reflection points.

Section/activity:

How much did I **enjoy** it? 



I liked: 



I didn't like: 



i Idea: You can download the digital version from our website: asdan.org.uk/new-horizons/ under **Course resources** at the bottom of the page or photocopy this page to place in the portfolio.

Feedback from my tutor

optional

i Hints and tips: This can be used to give motivational feedback for your learner's achievements through the module.

Well done, you have...



Next you could try...



Sample