

New Horizons: changes for 2025

Updated versions of all New Horizons materials will be released in 2025. This includes the student book and all tutor resources.

Updated materials will be available to order from 1 September. For a complete list of updated and new sections within each of the five existing modules, please see the following pages.

The administrative management of New Horizons remains unchanged, including registration, purchasing materials, and internal and external moderation processes.

ASDAN offers training to deliver New Horizons through the Preparing for Adulthood programmes training webinars. Our webinars and INSET sessions provide an introduction for new staff and refresher training for experienced staff:

asdan.org.uk/training

Tutor resources

The New Horizons tutor guidance has been updated in line with the developments to the student book. From 1 September, the updated New Horizons tutor guidance and resources book will be available to order.

Purchase of this product includes access to a digital copy via the members area: asdan.org.uk/member/digital-downloads Members who have previously purchased this product in the last **two years** will be able to access the updated digital copies at no extra cost.

Using previous materials

The previous version of the New Horizons student book will remain valid for up to five years. The updated student book can be delivered in combination with the previous student book.

During the transition period, centres can submit learners' work for moderation that contains a combination of new and previous sections within the modules. Updated moderation checklists will be made available from 1 September in the New Horizons course resources section: asdan.org.uk/new-horizons

Where the updated version of the student book includes additional or adapted content, ASDAN will allow members to copy sections of the new versions and include them in the previous versions, to help facilitate unified content across cohorts.

Updated sections

Updated to include current terminology (for example, technology, cultural references) with improvements to content accessibility and inclusive practice. These sections may have been moved to a different module to align with the content to be included in each of these subject areas.

New sections

Eleven additions to the options of sections to choose from, with a focus on PSHE association SEND framework content:









Module 1: Personal (All about you, looking after yourself and keeping safe)	
 P1	Personal details
 P2	People who are special to me
 P3	Likes and dislikes
 P4	Daily routine
 P5	Online safety
 P6	Keeping safe
 P7	Feeling frightened or worried
 P8	Good day, difficult day

Module 2: Social (You and others)	
 S1	Kind and unkind (previously: Rights and responsibilities)
 S2	Myself and others
 S3	Public and private places
 S4	Being fair
 S5	My local community
 S6	TBC
 S7	TBC
 S8	TBC

Module 3: Health (Being and staying healthy)









 H1	Leisure
 H2	Hygiene (previously: Personal care)
 H3	Keeping fit
 H4	Healthy eating
 H5	Finding out about health-related occupations
 H6	Wellbeing
 H7	Being unwell
 H8	Harmful substances and activities

Module 4: Citizenship (Living in the world around you)

 C1	Careers
 C2	Helping (previously: Environment)
 C3	Different groups
 C4	Rights and responsibilities
 C5	Rules
 C6	People who help us (previously: Finding out about occupations of people who help us)
 C7	Money
 C8	TBC

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Module 5: Relationships, changes and feelings KS2 (age 9-11) (Understanding your feelings and how you and others change)

 R1	Understanding changes
 R2	Different feelings
 R3	The body
 R4	Touch
 R5	Dealing with touch
 R6	Relationships
 R7	Understanding feelings
 R8	TBC

Module 5: Relationships, changes and feelings KS3 (age 11-13) (Understanding your feelings and how you and others change)

 R1	Making friends
 R2	Changes
 R3	Puberty
 R4	Healthy and unhealthy relationships
 R5	Romantic relationships
 R6	Consent
 R7	Committed relationships
 R8	Self-esteem

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Other changes in existing documents

- One page profile: updated and renamed 'All about me'
- Personal skills: updated and renamed 'Module reflection'
- My challenge: updated and renamed 'My chosen activity'
- Record page: updated and renamed to 'Record of activities'

Optional additional documents in the student book

- 'How I communicate': a communication passport resource
- 'Module feedback': an opportunity for tutor/supervisor feedback for each of the five modules
- 'Section/activity review': an optional formative feedback resource for learners which can be used at any point in their learning. This may be meaningful after part of an activity, a completed activity or section
- Skills stickers to use as an optional resource to support recognition of skill development through the activities
- Optional extension activities available for every section alongside more accessible alternative options